

Saint Demetrios, pray for us!



The Children's Word is a weekly bulletin for Orthodox Christian kids. Copyright 2025 Alexandra Houck.
Email is orthodoxchildrensword (at) gmail.com. Find it each week at orthodoxchildrensword.org.

The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

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Playing by the rules

Do you play sports? If you do, then you follow the rules, don't you? If you don't follow them, you're sent to the bench, or the penalty box, or you might even lose the game altogether!



Today in the epistle, we hear some good advice. "An athlete is not crowned unless he competes according to the rules." That means you can't win the game unless you follow the rules. But why do we hear about sports at church? Well, we want to win a different kind of prize than you might win in sports. We want to win the prize of eternal life. We want to be with our Lord forever!

How can we win this prize? By following the rules. God has given us the rules in the Bible. In the Bible, we can find the rules of the 10 Commandments. In the Bible, we can hear the great rule that God gave us: "Love one another." St. Paul also tells us to "share in suffering." When other people are having a hard time, or if they are suffering, we can help make things easier for them. We can love our neighbor so that we are sharing in the suffering. When we follow these rules, our Lord is so happy to give us the reward! Do you think YOU can try to follow these rules?

WORD SEARCH

Can you find these words in the jumble?

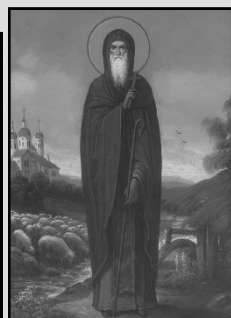
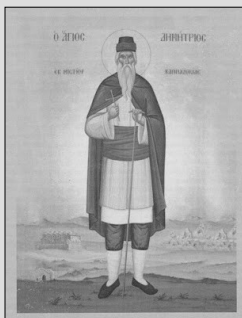
- Athlete
- Commandments
- Demetrios
- Epistle
- Love God
- Love Neighbor
- Message
- Rules
- Share
- Suffering

A	K	A	Q	G	M	E	S	S	A	G	E	W	E	C
Z	O	A	Z	R	N	Z	I	K	Y	Y	S	L	S	O
X	D	C	U	B	S	I	J	K	U	Q	T	Z	D	M
B	R	L	R	J	B	E	R	K	K	S	S	O	H	M
Y	E	T	E	L	H	T	A	E	I	L	G	E	C	A
S	P	J	M	F	X	G	H	P	F	E	G	K	S	N
P	R	T	U	H	Q	W	E	X	V	F	O	J	O	D
S	W	N	S	I	G	G	V	O	M	V	U	D	I	M
E	T	C	J	J	T	N	L	B	C	O	E	S	R	E
L	O	V	E	N	E	I	G	H	B	O	R	H	T	N
G	R	Q	M	Z	G	D	I	C	B	G	A	E	E	T
K	Z	X	K	A	M	H	O	T	M	Z	H	H	M	S
T	W	X	C	L	Q	X	Y	E	S	Y	S	N	E	S
V	Q	F	S	F	X	H	F	P	M	Y	I	Z	D	S
X	S	L	W	O	G	G	Z	C	H	Y	F	U	F	M

WHAT'S IN THE ICON?

Here are the other three saints named Demetrios we celebrate this week.

They are all different but they are all God's saints!



4 SAINTS NAMED DEMETRIOS DIFFERENT TIMES, SAME MESSAGE!

Have you met somebody with your same name? If you have a popular name like Sophia or Mary or John or James, maybe you're not surprised when you meet somebody who shares your name.

This week we celebrate four saints named Demetrios. These saints lived in different times and in different countries. They had different personalities and of course they all looked different from each other. But all four of them loved the Lord and their neighbors. All four of them wanted to do what God wanted of them.



Today, we remember St Demetrios, who lived in Thessaloniki, Greece. He was a brave and important hero who helped his friend be strong in his faith. We also celebrate St. Demetrios of Misti-Konakli, who lived 1500 years later! He was a simple old man who loved God and was kind to people around him. Tomorrow is St. Demetrios of Bulgaria, a monk who lived in the wilderness. He was a gentle man who spent his life growing closer and closer to God. And then we celebrate St. Dimitri of Rostov in Russia. He was an important and smart bishop, but he loved his people and was always very kind to them.

Hooray for Saint Demetrios...all four of them! They all loved God and loved their neighbors.

We remember one St. Demetrios today, October 26th (OC: November 8th).