

Holy Transfiguration



The Children's Word is a weekly bulletin for Orthodox Christian kids. Copyright 2025 Alexandra Houck.
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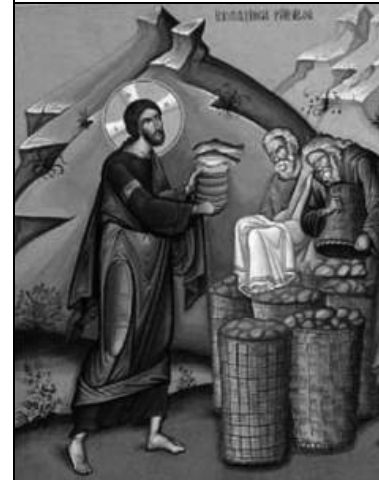
The Children's Word

"Let the little children come to me, and do not forbid them, for to such is the Kingdom of Heaven." Mark 10:14

Sunday, August 3, 2025

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Give them something to eat



What do you do when you're hungry? Do you ask your parents for something to eat? Do you find your own food in the refrigerator? Do you sit there and just wait until you're fed?

Today in the Gospel, we hear about a time when our Lord Jesus Christ was with some very hungry people. These people had been with Jesus all day, listening to Him talk and asking Him to heal the sick. At the end of the day, they were hungry.

Sometimes in the Gospel, Christ's disciples say what we might think too. After all, they were once just regular people with regular thoughts! The disciples said to Jesus, "Send them away, so they can buy themselves food." But Jesus said to them, "They do not need to go away. You give them something to eat."

After that, Jesus took 5 loaves and 2 fish, and He fed more than 5,000 people! He didn't send them away. He fed them!

Sometimes, you will have chances to help other people. If you can, you should take that chance! We can learn from the disciples, and of course, we can learn from our Lord. We don't want to send people away, but we want to do what we can to help them. If you can, "give them something to eat!"

WORD SEARCH

Can you find these words in the jumble?

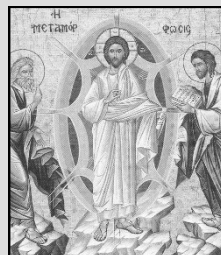
- Bread
- Christ
- Feeding
- Fish
- Five thousand
- Give
- Great feast
- James
- John
- Mount Tabor
- Peter
- Poor
- Transfiguration

G	Y	W	R	Y	P	C	L	Q	G	C	T	C	Z	R
Y	N	O	X	E	M	I	E	R	W	H	R	A	N	O
N	O	I	T	M	B	R	E	A	D	R	A	S	I	B
P	K	E	D	P	R	A	V	G	Y	I	N	Z	Z	A
O	R	E	H	E	T	K	I	Z	V	S	S	Z	T	T
E	F	E	C	F	E	H	G	T	Z	T	F	J	U	T
S	C	I	E	C	M	F	Z	V	U	T	I	M	W	N
R	K	A	S	E	M	A	J	O	M	M	G	W	Z	U
Q	S	W	Y	H	C	O	O	K	B	E	U	W	Z	O
T	G	D	W	I	B	U	H	H	Z	I	R	H	N	M
K	Q	W	V	N	I	C	Y	K	B	W	A	K	W	C
B	O	O	M	P	H	N	Z	X	D	Y	T	F	X	K
T	D	N	A	S	U	O	H	T	E	V	I	F	A	M
T	S	W	H	M	G	J	J	K	J	J	O	C	I	N
G	O	R	Q	W	Z	V	A	P	C	O	N	T	K	W

WHAT'S IN THE ICON?

Have you ever noticed the big almond shape around Christ in different icons? It's called a mandorla. It shows Christ in His glory!

Here are icons of Pascha, the Dormition, and the Transfiguration. Can you find the mandorla?

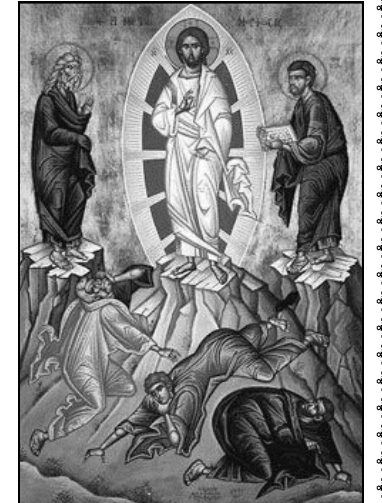


THE HOLY TRANSFIGURATION

CHRIST ALWAYS SHOWS US THE WAY!

Has somebody ever shown you how to get somewhere? Let's say you were a little lost, but you followed somebody who *did* know where he was going.

Did you know that Christ always shows us the way? This week, we will celebrate the great feastday of the Transfiguration. That's the day that Christ went up to the top of a mountain with his disciples. When they got there, Jesus suddenly looked very different. His face shone like the sun, and his clothes became bright white! The disciples heard a voice from God the Father, too. "This is my beloved Son, in Whom I am well pleased. Listen to Him!"



Do you know why Christ did this? Do you know why He changed like that? One of the saints of our Church, Saint Anastasios of Sinai (he lived on another mountain!) tells us why. "Jesus goes before us to show us the way, both up the mountain and into heaven."

St. Anastasios wrote that the Transfiguration was a little taste of heaven for the disciples and for us. If we know (even just a little bit!) how bright and glorious heaven is, we will try even harder to get there! We will try even harder to follow Christ. We will try even harder to change our ways so we can be like Him! Christ shows us the way!

We celebrate the Transfiguration on Wednesday, August 6th (OC: August 19th).