



# HOLY CROSS

## GREEK ORTHODOX CHURCH

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[www.holycrossga.org](http://www.holycrossga.org) | Facebook: HolyCrossMaconGA

### Sunday, October 20, 2024

Sixth Sunday of Luke

St. Gerasimos of Kephallonia

Eothinon/Orthros Gospel: Sixth (Luke 24:36-53)

Mode of the Week: Plagal of the Fourth/Πλ. του Τετάρτου

QR Codes (scan with smart phone for service texts)

Orthros, part 1



Orthros, part 2



Divine Liturgy



### Upcoming Schedule

<i>Today, October 20</i>	9:15am Orthros 10:30am Divine Liturgy on the 6 <sup>th</sup> Sunday of Luke Sunday School for the Youth after Holy Communion Coffee Fellowship in the Parish House after the Liturgy 12:45pm Five-Year Committee Meeting 12:45pm Youth Greek School/Adult Bible Study
<i>Thursday, October 24</i>	9:00am Festival Set-Up (until completed)
<i>Friday, October 25</i>	11:00am Central Georgia Greek Festival (until 9:00pm)
<i>Saturday, October 26</i>	11:00am Central Georgia Greek Festival (until 9:00pm) 5:00pm Great Vespers (in the Church as part of the Church Tours)
<i>Sunday, October 27</i>	7:45am Orthros 9:00am Divine Liturgy on the 7 <sup>th</sup> Sunday of Luke (No Sunday School or Coffee Fellowship due to Festival) Doxology to celebrate Oxi Day at the end of the Liturgy Central Georgia Greek Festival (until 4:00pm)
<i>Wednesday, October 30</i>	5:30pm Vespers 6:30pm Pumpkin Carving with the Youth 6:30pm Choir Practice in the Church
<i>Saturday, November 2</i>	3:30pm Introduction to the Orthodox Church Class in the Library/Zoom 5:00pm Great Vespers
<i>Sunday, November 3</i>	9:15am Orthros 10:30am Divine Liturgy on the 5 <sup>th</sup> Sunday of Luke Sunday School for the Youth after Holy Communion Coffee Fellowship in the Parish House after the Liturgy 12:45pm Youth Greek School in the Parish House 1:00pm Holy Baptism of Emma Gordy, daughter of Bryan and Juliana Gordy
<i>Wednesday, November 6</i>	5:30pm Small Paraklesis
<i>Friday, November 8</i>	8:30am Orthros 9:30am Divine Liturgy on the Synaxis of the Holy Archangels
<i>Saturday, November 9</i>	10:00am Holy Baptism of Vincent Rivers, son of Will and Emily Rivers
<i>Sunday, November 10</i>	9:15am Orthros 10:30am Divine Liturgy on the Feast Day of St. Arsenios of Cappadocia Holy Chrismation of Adam Landin during the Liturgy Sunday School for the Youth after Holy Communion Blessing of our Holy Cross Veterans for Veterans Day Coffee Fellowship and Adult Greek School following Liturgy
<b>Upcoming Epistle Readers:</b> (10/27) Aleca Hortman, Charles Glotzbach; (11/3) Pete Tsamolias, Caroline Saratsiotis <b>Upcoming PC Member On-Duty:</b> (10/27) Jim Lekas; (11/3) John Apostolou; (11/10) Maria Spicer; (11/17) Sarah D. <b>Upcoming Ushers:</b> (10/27) Cheryl+Erick S.; (10/30) David Z.; (11/3) Cleo B., Sarah D.; (11/6) James S. <b>Upcoming Video Operators:</b> (10/27) Gray/David N.; (11/3) Natalia S.; (11/10) Joanna P.; (11/17) David Z. <b>Fellowship Hosts:</b> (10/27) Festival; (11/3) Kathy Patras; (11/10) Sunday School; (11/17) GOYA/Maria Murphy	

### Our Parish Hymn of the Holy Cross of Christ:

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

**To our Visitors and Guests:** We extend a **warm welcome** to all worshipping with us today! While Holy Communion, following ancient practice, is offered only to Orthodox Christians, non-Orthodox may receive the blessed bread (antidoron) offered at the conclusion of the service.  
**Please join us in the Parish House after the Divine Liturgy for Coffee Fellowship!**

## Epistle Reading

*Εὐξασθε καὶ ἀπόδοτε Κυρίῳ τῷ  
Θεῷ ἡμῶν.*

*Στίχ. Γνωστὸς ἐν τῇ Ἰουδαίᾳ ὁ  
Θεός, ἐν τῷ Ἰσραὴλ μέγα τὸ  
ὄνομα αὐτοῦ.*

+++

*Πρὸς Κορινθίους Β' Ἐπιστολῆς  
Παύλου τὸ ἀνάγνωσμα.*

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Ἀδελφοί, ὑμεῖς ἐστε ναὸς  
Θεοῦ ζῶντος, καθὼς εἶπεν ὁ  
Θεὸς ὅτι ἐνοικήσω ἐν αὐτοῖς  
καὶ ἐμπεριπατήσω, καὶ ἔσομαι  
αὐτῶν Θεός, καὶ αὐτοὶ ἔσονται  
μοι λαός. διὸ ἐξέλθατε ἐκ  
μέσου αὐτῶν καὶ ἀφορίσθητε,  
λέγει Κύριος, καὶ ἀκαθάρτου  
μὴ ἄπτεσθε, καὶ γὰρ εἰσδέξομαι  
ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς  
πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι  
εἰς υἱοὺς καὶ θυγατέρας, λέγει  
Κύριος παντοκράτωρ. Ταύτας  
οὖν ἔχοντες τὰς ἐπαγγελίας,  
ἀγαπητοί, καθαρίσωμεν  
ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ  
σαρκὸς καὶ πνεύματος,  
ἐπιτελοῦντες ἁγιωσύνην ἐν  
φόβῳ Θεοῦ.

*Pray and return to the Lord  
Your God.*

*Verse: In Judah God is  
known; His name is great in  
Israel. (Psalm 75)*

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*The reading is from Paul's  
Second Letter to the  
Corinthians. (6:16-7:1)*

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Brethren, you are the temple  
of the living God; as God said,  
“I will live in them and move  
among them, and I will be  
their God, and they shall be  
my people. Therefore come  
out from them, and be  
separate from them, says the  
Lord, and touch nothing  
unclean; then I will welcome  
you, and I will be a father to  
you, and you shall be my sons  
and daughters, says the Lord  
Almighty.” Since we have  
these promises, beloved, let us  
cleanses ourselves from every  
defilement of body and spirit,  
and make holiness perfect in  
the fear of God.

## The Holy Gospel Reading according to St. Luke (8:26-39)

### Sixth Sunday of Luke

Τῷ καιρῷ ἐκείνῳ, ἐλθόντι τῷ Ἰησοῦ εἰς τὴν  
χώραν τῶν Γαδαρηνῶν ὑπήντησεν αὐτῷ ἀνὴρ  
τις ἐκ τῆς πόλεως, ὃς εἶχε δαιμόνια ἐκ χρόνων  
ικανῶν, καὶ ἱμάτιον οὐκ ἐνεδιδύσκετο καὶ ἐν  
οικίᾳ οὐκ ἔμενεν, ἀλλ' ἐν τοῖς μνήμασιν. ἰδὼν  
δὲ τὸν Ἰησοῦν καὶ ἀνακράζας προσέπεσεν  
αὐτῷ καὶ φωνῇ μεγάλῃ εἶπε· τί ἐμοὶ καὶ σοί,  
Ἰησοῦ, υἱὲ τοῦ Θεοῦ τοῦ ὑψίστου; δέομαί σου,  
μὴ με βασανίσῃς. παρήγγειλε γὰρ τῷ πνεύματι  
τῷ ἀκαθάρτῳ ἐξελθεῖν ἀπὸ τοῦ ἀνθρώπου.  
πολλοῖς γὰρ χρόνοις συνηπάκει αὐτόν, καὶ  
ἐδεσμεῖτο ἀλύσει καὶ πέδαις φυλασσόμενος,  
καὶ διαρρήσων τὰ δεσμὰ ἠλαύνετο ὑπὸ τοῦ  
δαίμονος εἰς τὰς ἐρήμους. ἐπηρώτησε δὲ αὐτόν  
ὁ Ἰησοῦς λέγων· τί σοὶ ἐστὶν ὄνομα; ὁ δὲ εἶπε·  
λεγεῶν· ὅτι δαιμόνια πολλὰ εἰσῆλθεν εἰς  
αὐτόν· καὶ παρεκάλει αὐτόν ἵνα μὴ ἐπιτάξῃ  
αὐτοῖς εἰς τὴν ἄβυσσον ἀπελθεῖν. ἦν δὲ ἐκεῖ  
ἀγέλη χοίρων ικανῶν βοσκομένων ἐν τῷ ὄρει·  
καὶ παρεκάλουν αὐτόν ἵνα ἐπιτρέψῃ αὐτοῖς εἰς  
ἐκείνους εἰσελθεῖν· καὶ ἐπέτρεψεν αὐτοῖς.  
ἐξελθόντα δὲ τὰ δαιμόνια ἀπὸ τοῦ ἀνθρώπου  
εἰσῆλθον εἰς τοὺς χοίρους, καὶ ὄρμησεν ἡ  
ἀγέλη κατὰ τοῦ κρημνοῦ εἰς τὴν λίμνην καὶ  
ἀπεπνίγη. ἰδόντες δὲ οἱ βόσκοντες τὸ  
γεγενημένον ἔφυγον, καὶ ἀπήγγειλαν εἰς τὴν  
πόλιν καὶ εἰς τοὺς ἀγρούς. ἐξῆλθον δὲ ἰδεῖν τὸ  
γεγονός, καὶ ἦλθον πρὸς τὸν Ἰησοῦν καὶ εὖρον  
καθήμενον τὸν ἄνθρωπον, ἀφ' οὗ τὰ δαιμόνια  
ἐξεληλύθει, ἱματισμένον καὶ σωφρονοῦντα  
παρὰ τοὺς πόδας τοῦ Ἰησοῦ, καὶ ἐφοβήθησαν.  
ἀπήγγειλαν δὲ αὐτοῖς οἱ ἰδόντες πῶς ἐσώθη ὁ  
δαιμονισθεὶς· καὶ ἠρώτησαν αὐτόν ἅπαν τὸ  
πλῆθος τῆς περιχώρου τῶν Γαδαρηνῶν  
ἀπελθεῖν ἀπ' αὐτῶν, ὅτι φόβῳ μεγάλῳ  
συνείχοντο. αὐτὸς δὲ ἐμβὰς εἰς τὸ πλοῖον  
ὑπέστρεψεν. ἐδέετο δὲ αὐτοῦ ὁ ἀνὴρ, ἀφ' οὗ  
ἐξεληλύθει τὰ δαιμόνια, εἶναι σὺν αὐτῷ·  
ἀπέλυσε δὲ αὐτόν ὁ Ἰησοῦς λέγων· ὑπόστρεφε  
εἰς τὸν οἶκόν σου καὶ διηγοῦ ὅσα ἐποίησέ σοι ὁ  
Θεός. καὶ ἀπῆλθε καθ' ὅλην τὴν πόλιν  
κηρύσσων ὅσα ἐποίησεν αὐτῷ ὁ Ἰησοῦς.

At that time, as Jesus arrived at the country of  
the Gadarenes, there met him a man from the  
city who had demons; for a long time he had  
worn no clothes and he lived not in a house  
but among the tombs. When he saw Jesus, he  
cried out and fell down before him, and said  
with a loud voice, “What have you to do with  
me, Jesus, Son of the Most High God? I  
beseech you, do not torment me.” For he had  
commanded the unclean spirit to come out of  
the man. (For many a time it had seized him;  
he was kept under guard, and bound with  
chains and fetters, but he broke the bonds and  
was driven by the demon into the desert.)  
Jesus then asked him, “What is your name?”  
And he said, “Legion”; for many demons had  
entered him. And they begged him not to  
command them to depart into the abyss. Now  
a large herd of swine was feeding there on the  
hillside; and they begged him to let them enter  
these. So he gave them leave. Then the  
demons came out of the man and entered the  
swine, and the herd rushed down the steep  
bank into the lake and were drowned. When  
the herdsmen saw what happened, they fled,  
and told it in the city and in the country. Then  
people went out to see what had happened,  
and they came to Jesus, and found the man  
from whom the demons had gone, sitting at  
the feet of Jesus, clothed and in his right  
mind; and they were afraid. And those who  
had seen it told them how he who had been  
possessed with demons was healed. Then all  
the people of the surrounding country of the  
Gadarenes asked him to depart from them; for  
they were seized with great fear; so he got into  
the boat and returned. The man from whom  
the demons had gone begged that he might be  
with him; but Jesus sent him away, saying,  
“Return to your home, and declare how much  
God has done for you.” And he went away,  
proclaiming throughout the whole city how  
much Jesus had done for him.

# HOLY CROSS

## GREEK ORTHODOX CHURCH

Rev. Fr. Theodore Ehmer

Προϊστάμενος/Presiding Priest

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Cell: 770.256.0290

Office Days: Tuesday through Friday; call or email Fr. for appointment

Holy Confession: call or email Fr. to schedule

### Bulletin for the week of October 20, 2024

**Ushers on Duty:** Cleo Bennette, Sarah Drakopoulos

**Video:** David Z.

**Altar Servers:** All Adult/Youth Servers

**Epistle Readers:** Pete Tsamolias (Greek); Cheryl Schwartzkopf (Eng.)

**Fellowship Host (Thank You!):** Youth Spaghetti Fundraiser

**PC Member On-Duty:** Natalia Saratsiotis



### Today our Holy Orthodox Church commemorates:

+ Translation of the Holy Relics of our Devout and God-bearing Father Gerasimos of Kefalonia (+1570)

*Saint Gerasimus was from the Peloponnesus, the son of Demetrius and Kale, of the family of Notaras. He was reared in piety by them and studied the Sacred writings. He left his country and went throughout various lands, and finally came to Kefalonia, where he restored a certain old church and built a convent around it, where it stands to this day at the place called Omala. He finished the course of his life there in asceticism in the year 1570. His sacred relics, which remain incorrupt, are kept there for the sanctification of the faithful.*

+ The Holy Great Martyr Artemios of Antioch (+361)

*Saint Artemius lived during the years of Saint Constantine the Great, and was appointed by him to be Governor of Alexandria; later, he was honoured with the rank of patrician. During the reign of Julian the Apostate, in the year 361, Artemius appeared before the Emperor and censured him for his apostasy. For this, he endured many torments and was finally beheaded.*

+ The Holy Martyrs Ebores, Enoes, Zebinas, Germanos, Nikephoros, Anthony (+4<sup>th</sup> Century)

+ The Holy Martyr Manatho the Virgin (+286)

+ Our Devout Mother Matrona of Chios (+1462)

*Faithfully following the steps of Christ our God, you left behind you all the pleasures of the world, and imitated in the flesh the lifestyle of the angels. Wherefore with the gifts bestowed by the Spirit you brightened up your homeland, the Island of Chios, O Maiden extolled by all. And therefore it cries out to you joyfully: Rejoice, O all-honorable Matrona.*

*Through the intercessions of Your Saints, O God, have mercy on us and save us. Amen.*

### Variable Hymns of the Day in the Divine Liturgy of St. John Chrysostom (pg. 8 in the Small Book/pg. 37 in the Hymnal):

- *Weekly Resurrectional Hymn (Εξ ύψους, Plagal of the Fourth Mode):*

You descended from on high, O compassionate One, and consented to a three-day burial, to free us from the passions. O Lord, our life and resurrection, glory to You! (*Sung before and after the Small Entrance, Greek Text found in hymnal on pg. 126*)

- *Hymn of St. Artemios (Ο Μάρτυς σου Κύριε, Fourth Mode):*

Your Martyr, O Lord, was worthily awarded by You the crown of incorruption, in that he contested for You our immortal God. Since he possessed Your power, he defeated the tyrants, dashing the demons' powerless displays of defiance. O Christ God, at his fervent entreaties, save our souls.

- *Hymn of St. Gerasimos (Των Ορθοδόξων προστάτην, First Mode):*

O believers, let us praise the protector of the Orthodox, the God-bearing miracle-worker lately appearing to us, the incarnate angel, divine Gerasimos. For he has rightly received from God the ever-flowing grace of performing healings. He strengthens those with diseases and he heals those with demons. And therefore he pours out healings to those who honor him.

- *Hymn of the Holy Cross (Σώσον Κύριε, First Mode):*

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

- *The Normal Kontakion of the Theotokos (Προστασία των Χριστιανών, Second Mode):*

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you. (*Greek Text found in hymnal on pg. 224*)

## Guidance, Prayer Requests, and Announcements

### This Week's Daily

#### Scripture Readings and Fasting Guidance:

**Sunday, October 20—No Fasting:** Luke 24:36-53;

II Corinthians 6:16-18, 7:1; Luke 8:26-39

**Monday, October 21—No Fasting:** II Corinthians 9:6-11;

Luke 10:22-24

**Tuesday, October 22—No Fasting:** Ephesians 5:20-25;

Luke 11:1-10

**Wednesday, October 23: St. James, brother of our**

**Lord—Wine+Oil:** Galatians 1:11-19; Matthew 13:54-58

**Thursday, October 24— No Fasting:** Ephesians 5:33;

6:1-9; Luke 11:14-23

**Friday, October 25—Strict Fast:** Ephesians 6:18-24; Luke

11:23-26

**Saturday, October 26: St. Demetrios—No Fasting:** Luke

21:12-19; II Timothy 2:1-10; John 15:17-27, 16:1-2

### Prayer Requests:

Metropolitan Alexios, Fr. Symeon (mission priest supported by our parish), Fr. Mike, Pres. Kalliope, Panteleimon, Michael, Kassiani, Dimitrios, Georgia, Pavlos, Maria, Betty, Irene, Valerie, Dianna, Jeannie, Dawn, Kenneth, Mary, Kay, Helen, Nikki, Mena, Austin, Kiley, Garrett, Carolina, Maria, Laurie, Lindsey, Randy, Marina, Effie, Christina, Ashley, Foster, Brian, Bessie, Katerina, Link, Virginia, Karl, Colin, Mitch, Rinne, Michael, Christian, Paul, Lucas, Leo, Barry, Nicholas, Jude

### Prayers for those recently reposed:

Greg (+September 7), Ken (+September 8), Basileos (+September 15), Carol (+October 8)

### Prayers for expecting mothers:

Katina B., Julia E., Schyler J.

### Prayers for Military Personnel

#### and Their Families:

Aubriana Butchko, Kyle Glotzbach, Robert Ice, Aaron Vrahiotes, Aleksander Zajac

### Prayers for our Catechumens and Inquirers into the Orthodox Church:

Adam, Bobbie, Dakota, Hannah, Jessica, Mary Emma, Mary Elizabeth, Nate, Schyler, Sophia, Susan, Tammy and pray for those who are seeking Christ and His Church!

### Weekly Wisdom of the Fathers:

**St. Gregory Palamas (+14<sup>th</sup> Century)** with a simple, yet hopeful explanation of our human condition and the response of the Lord: "Through the fall our nature was stripped of divine illumination and resplendence. But the Logos of God had pity upon our disfigurement, and in His compassion He took our nature upon Himself. On Tabor He manifested it to His elect disciples clothed once again most brilliantly. He showed what we once were and what we shall become through Him in the age to come -- if we choose to live our present life, as far as possible, in accordance with His ways."

### Upcoming Celebrations This Week

**Name Days—Chronia Polla, Many Years!**

October 23: James Scarborough

October 26: James Andros, James Anthony Bennette, Jimmy Cacavias, Dimitris Karras, Demetri Kostakis, Washington Morris, Dimitris Saratsiotis, Toula Tsamolias, David Zoumberis

### Birthdays—Happy Birthday!

October 21: Michael Drakopoulos, Juliana Gordy

October 22: Aaron Nicholas Vrahiotes

October 23: Danny McBride

October 24: Gloria Dixon, Chrissy Zdrakas

October 25: George Cazacu

October 26: Jimmy Cacavias, Paulina Stone

### Anniversaries—Congratulations!

October 20: Chloe and Sean Morris

(If you have a celebration that did not make it into the bulletin, please e-mail Fr. Theodore!)

### Announcements:

\* **Fr. Theodore** will be at the Diakonia Center in South Carolina for Metropolis-wide Clergy Meetings this week from Tuesday to Thursday.

\* **Greek School** for the youth will be taking place today at 12:45pm in the upstairs classroom.

\* **Bible Study** will be taking place at 12:45pm in the Church Library.

\* The **Five-Year Committee** meeting will take place after Liturgy today in the back Conference Room.

\* **Festival Info:** Ready or not, the festival is here! Thank you to EVERYONE who has helped in the preparations for the festival. We are almost to the finish line. We are needing everyone to come out Thursday and help set up. Chairmen, please make sure your area is set up and ready to go. After you finish your area, check with someone else to see if they need help...we are a TEAM! If you have any outstanding balances, see Natalia today! For those that can, please take off work on Friday. Lunchtime on Friday is a busy day and our volunteers are limited for this day. Please do your part for your church! Hopefully by now, you have contacted a Department Chairman to let them know you will be working in their area. If you have not and do not know who to contact, please get in touch with any of the Festival Chairmen: Harry Bennette, Mike Cantrell, Jim Lekas, Natalia Saratsiotis or David Zoumberis. We are excited and look forward to a wonderful festival...OPA! !

\* **Iconography:** We are kindly asking each parishioner to submit a minimum of five names along with addresses to help build our database. Your participation is *crucial* to the success of this campaign. To submit names, you can either scan this QR Code or you can pick up a hard copy in the Narthex/Parish House. If you have any questions, please do not hesitate to ask Emily Dermatas. Additionally, please see the iconography page on our parish's website, as well, at holycrossga.org/iconography



\* **Youth:** Please save the date for the evening of Wednesday, October 30. There will be Pumpkin Carving that will take place after the Vespers. Vespers is at 5:30pm and the carving will take place after, starting at approximately 6:30pm.