



HOLY CROSS

GREEK ORTHODOX CHURCH

859 First Street | Macon, Georgia 31201 | 478.621.0744 (office)
www.holycrossga.org | Facebook: HolyCrossMaconGA

Sunday, May 26, 2024

Sunday of the Paralytic
 St. Carpus of the Seventy

Eothinon/Orthros Gospel: Fifth (Luke 24:12-35)

Mode of the Week: Third / Τρίτος

QR Codes (scan with smart phone for service texts)

Orthros



Divine Liturgy



Upcoming Schedule

<i>Today, May 26</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of the Paralytic Coffee Fellowship in the Parish House after the Liturgy Greek Dance Practice during Coffee Fellowship
<i>Monday, May 27</i>	Memorial Day – Office Closed
<i>Tuesday, May 28</i>	3:00pm Red Cross Blood Drive in the Parish House (until 7:00pm) 6:00pm Great Vespers for Mid-Pentecost
<i>Wednesday, May 29</i>	4:30pm Orthros 5:30pm Divine Liturgy on the Feast of Mid-Pentecost 6:45pm Adult Study Class in the Library
<i>Thursday, May 30</i>	5:30pm Parish Council Meeting
<i>Friday, May 31</i>	6:00pm Not-So-Young-Adult Outing (in Perry)
<i>Saturday, June 1</i>	5:00pm Great Vespers
<i>Sunday, June 2</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of the Samaritan Woman Coffee Fellowship after the Liturgy in the Parish House 12:45pm Bible Study
<i>Thursday, June 6</i>	5:45pm Vespers 6:30pm Byzantine Chant Class in the Chapel
<i>Saturday, June 8</i>	3:30pm Catechumen Class (In-Person in the Library/Zoom) 5:00pm Great Vespers
<i>Sunday, June 9</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of the Blind Man Honoring of our High School and College Graduates at the end of the Liturgy Coffee Fellowship after the Liturgy in the Parish House Greek Dance Practice during Coffee Fellowship
<i>Wednesday, June 12</i>	9:15am Orthros 10:30am Divine Liturgy on the Leave-taking of Pascha 6:00pm Great Vespers for the Ascension of our Lord Jesus Christ
<i>Thursday, June 13</i>	9:30am Orthros 10:30am Divine Liturgy on the Feast of the Ascension of our Lord 7:00pm Parish Outing at Macon Bacon Baseball Game
<i>Saturday, June 15</i>	5:00pm Great Vespers

Upcoming Epistle Readers: (6/2) Kostas Iakovidis, Rene Esquivel; (6/9) Aleca Hortman, Isabelle Saratsiotis
Upcoming PC Member On-Duty: (6/2) Jim Lekas; (6/9) John Apostolou; (6/16) Maria Spicer; (6/23) Sarah D.
Upcoming Ushers: (5/29) Tassie C.; (6/1) Maria S.; (6/2) Jim+Cristina L.; (6/6) David Z.; (6/8) Maria S.
Upcoming Video Operators: (5/29) Natalia S.; (6/2) Gray/David N.; (6/9) Natalia S.; (6/12am) Joanna P.
Fellowship Hosts: (6/2) Chad Ridley; (6/9) Patsy Zoumeris; (6/16) Georgia Saratsiotis; (6/23) Cristina Lekas

Our Parish Hymn of the Holy Cross of Christ:

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

To our Visitors and Guests: We extend a **warm welcome** to all worshipping with us today! While Holy Communion, following ancient practice, is reserved for Orthodox Christians, non-Orthodox may receive the blessed bread (antidoron) offered at the conclusion of the service.
Please join us in the Parish House after the Divine Liturgy for Coffee Fellowship!

Epistle Reading

Ψάλατε τῷ Θεῷ ἡμῶν, ψάλατε, ψάλατε τῷ βασιλεῖ ἡμῶν, ψάλατε.

Στίχ. Πάντα τὰ ἔθνη κροτήσατε χεῖρας, ἀλαλάξατε τῷ Θεῷ ἐν φωνῇ ἀγαλλιάσεως.

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Πράξεων τῶν Ἀποστόλων τὸ ἀνάγνωσμα.

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Ἐν ταῖς ἡμέραις ἐκείναις, ἐγένετο Πέτρον διερχόμενον διὰ πάντων κατελθεῖν καὶ πρὸς τοὺς ἁγίους τοὺς κατοικοῦντας Λύδδαν. εὑρε δὲ ἐκεῖ ἄνθρωπον τινα Αἰνέαν ὀνόματι, ἐξ ἐτῶν ὀκτὼ κατακείμενον ἐπὶ κραβάτῳ, ὃς ἦν παραλελυμένος. καὶ εἶπεν αὐτῷ ὁ Πέτρος· Αἰνέα, ἰαταί σε Ἰησοῦς ὁ Χριστός· ἀνάστηθι καὶ στρῶσον σεαυτῷ. καὶ εὐθέως ἀνέστη. καὶ εἶδον αὐτὸν πάντες οἱ κατοικοῦντες Λύδδαν καὶ τὸν Σάρωνα, οἵτινες ἐπέστρεψαν ἐπὶ τὸν Κύριον. Ἐν Ἰόππῃ δὲ τις ἦν μαθήτρια ὀνόματι Ταβιθά, ἣ διερμηνευομένη λέγεται Δορκάς· αὕτη ἦν πλήρης ἀγαθῶν ἔργων καὶ ἐλεημοσυῶν ὧν ἐποίει. ἐγένετο δὲ ἐν ταῖς ἡμέραις ἐκείναις ἀσθενήσασαν αὐτὴν ἀποθανεῖν· λούσαντες δὲ αὐτὴν ἔθηκαν ἐν ὑπερῷ. ἐγγὺς δὲ οὔσης Λύδδης τῇ Ἰόππῃ οἱ μαθηταὶ ἀκούσαντες ὅτι Πέτρος ἐστὶν ἐν αὐτῇ, ἀπέστειλαν δύο ἄνδρας πρὸς αὐτὸν παρακαλοῦντες μὴ ὀκνήσαι διελθεῖν ἕως αὐτῶν. ἀναστὰς δὲ Πέτρος συνῆλθεν αὐτοῖς· ὃν παραγενόμενον ἀνήγαγον εἰς τὸ ὑπερῶν, καὶ παρέστησαν αὐτῷ πᾶσαι αἱ χῆραι κλαίουσαι καὶ ἐπιδεικνύμεναι χιτῶνας καὶ ἱμάτια ὅσα ἐποίει μετ' αὐτῶν οὕσα ἡ Δορκάς. ἐκβαλὼν δὲ ἔξω πάντας ὁ Πέτρος θείσ τὰ γόνατα προσκύξατο, καὶ ἐπιστρέψας πρὸς τὸ σῶμα εἶπε· Ταβιθά, ἀνάστηθι. ἡ δὲ ἤνοιξε τοὺς ὀφθαλμοὺς αὐτῆς, καὶ ἰδοῦσα τὸν Πέτρον ἀνεκάθισε. δούς δὲ αὐτῇ χεῖρα ἀνέστησεν αὐτὴν, φωνήσας δὲ τοὺς ἁγίους καὶ τὰς χήρας παρέστησεν αὐτὴν ζῶσαν. γνωστὸν δὲ ἐγένετο καθ' ὅλης τῆς Ἰόππης, καὶ πολλοὶ ἐπίστευσαν ἐπὶ τὸν Κύριον.

Sing praises to God; sing praises; sing praises to our King; sing praises.

Verse: Oh, clap your hands, all you nations; shout to God with the voice of rejoicing. (Psalm 46)

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The reading is from the Acts of the Apostles. (9:32-42)

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In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, “Aeneas, Jesus Christ heals you; rise and make your bed.” And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, “Please come to us without delay.” So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, “Tabitha, rise.” And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

The Holy Gospel Reading according to St. John (5:1-15)

Sunday of the Paralytic

Τῷ καιρῷ ἐκείνῳ ἀνέβη ὁ Ἰησοῦς εἰς Ἱεροσόλυμα. ἔστι δὲ ἐν τοῖς Ἱεροσολύμοις ἐπὶ τῇ προβατικῇ κολυμβήθρα, ἣ ἐπιλεγομένη Ἑβραϊστὶ Βηθεσδά, πέντε στοὰς ἔχουσα. ἐν ταύταις κατέκειτο πλῆθος πολὺ τῶν ἀσθενούντων, τυφλῶν, χωλῶν, ξηρῶν, ἐκδεχομένων τὴν τοῦ ὕδατος κίνησιν. ἄγγελος γὰρ κατὰ καιρὸν κατέβαινεν ἐν τῇ κολυμβήθρα, καὶ ἐταράσσετο τὸ ὕδωρ· ὁ οὖν πρῶτος ἐμβὰς μετὰ τὴν ταραχὴν τοῦ ὕδατος ὑγιῆς ἐγένετο ὃς δὴποτε κατείχετο νοσήματι. ἦν δὲ τις ἄνθρωπος ἐκεῖ τριάκοντα καὶ ὀκτὼ ἔτη ἔχων ἐν τῇ ἀσθενείᾳ αὐτοῦ. τοῦτον ἰδὼν ὁ Ἰησοῦς κατακείμενον, καὶ γνοὺς ὅτι πολὺν ἤδη χρόνον ἔχει, λέγει αὐτῷ· θέλεις ὑγιῆς γενέσθαι; ἀπεκρίθη αὐτῷ ὁ ἀσθενῶν· Κύριε, ἄνθρωπον οὐκ ἔχω, ἵνα ὅταν ταραχθῇ τὸ ὕδωρ, βάλλῃ με εἰς τὴν κολυμβήθραν· ἐν ᾧ δὲ ἔρχομαι ἐγώ, ἄλλος πρὸ ἐμοῦ καταβαίνει. λέγει αὐτῷ ὁ Ἰησοῦς· ἔγειρε, ἄρον τὸν κράβαττόν σου καὶ περιπάτει. καὶ εὐθέως ἐγένετο ὑγιῆς ὁ ἄνθρωπος, καὶ ἦρε τὸν κράβαττον αὐτοῦ καὶ περιεπάτει. ἦν δὲ σάββατον ἐν ἐκείνῃ τῇ ἡμέρᾳ. ἔλεγον οὖν οἱ Ἰουδαῖοι τῷ θεραπευμένῳ· σάββατόν ἐστιν· οὐκ ἔξεστὶ σοὶ ἄραι τὸν κράβαττον. ἀπεκρίθη αὐτοῖς· ὁ ποιήσας με ὑγιῆ, ἐκεῖνός μοι εἶπεν· ἄρον τὸν κράβαττόν σου καὶ περιπάτει. ἠρώτησαν οὖν αὐτόν· τίς ἐστὶν ὁ ἄνθρωπος ὁ εἰπὼν σοι, ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ὁ δὲ ἰαθεὶς οὐκ ᾔδει τίς ἐστὶν· ὁ γὰρ Ἰησοῦς ἐξένευσεν ὄχλου ὄντος ἐν τῷ τόπῳ. μετὰ ταῦτα εὕρισκει αὐτόν ὁ Ἰησοῦς ἐν τῷ ἱερῷ καὶ εἶπεν αὐτῷ· ἴδε ὑγιῆς γέγονας· μηκέτι ἀμάρτανε, ἵνα μὴ χειρόν σοὶ τι γένηται. ἀπῆλθεν ὁ ἄνθρωπος καὶ ἀνήγγειλε τοῖς Ἰουδαίοις ὅτι Ἰησοῦς ἐστὶν ὁ ποιήσας αὐτόν ὑγιῆ.

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, “Do you want to be healed?” The sick man answered him, “Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me.” Jesus said to him, “Rise, take up your pallet, and walk.” And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, “It is the sabbath, it is not lawful for you to carry your pallet.” But he answered them, “The man who healed me said to me, ‘Take up your pallet, and walk.’” They asked him, “Who is the man who said to you, ‘Take up your pallet, and walk?’” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, “See, you are well! Sin no more, that nothing worse befall you.” The man went away and told the Jews that it was Jesus who had healed him.

HOLY CROSS

GREEK ORTHODOX CHURCH

Rev. Fr. Theodore Ehmer

Προϊστάμενος/Presiding Priest

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Office Days: Tuesday through Friday; call or email Fr. for appointment

Holy Confession: call or email Fr. to schedule

Bulletin for the week of May 26, 2024

Ushers on Duty: Maria McCluskey, Natalia Saratsiotis

Video: Gray Y./David N. Altar Servers: All Adult/Youth Servers

Epistle Readers: Pete Tsamolias (Greek); James Scarborough (English)

Fellowship Host (Thank You!): Maria McCluskey

PC Member On-Duty: Natalia Saratsiotis



Today our Holy Orthodox Church commemorates:

+ 4th Sunday of Pascha—Commemoration of the Miracle with the Paralytic

Close to the Sheep's Gate in Jerusalem, there was a pool, which was called the Sheep's Pool. It had round about it five porches, that is, five sets of pillars supporting a domed roof. Under this roof there lay very many sick people with various maladies, awaiting the moving of the water. The first to step in after the troubling of the water was healed immediately of whatever malady he had. It was there that the paralytic of today's Gospel way lying, tormented by his infirmity of thirty-eight years. When Christ beheld him, He asked him, "Wilt thou be made whole?" And he answered with a quiet and meek voice, "Sir, I have no man, when the water is troubled, to put me into the pool." The Lord said unto him, "Rise, take up thy bed, and walk." And straightaway the man was made whole and took up his bed. Walking in the presence of all, he departed rejoicing to his own house. According to the expounders of the Gospels, the Lord Jesus healed this paralytic during the days of the Passover, when He had gone to Jerusalem for the Feast, and dwelt there teaching and working miracles. According to Saint John the Evangelist, this miracle took place on the Sabbath.

+ The Holy and Glorious Apostle Carpus, one of the Seventy (+1st Century)

This holy Apostle was numbered with the Seventy, and ministered unto the holy Apostle Paul, journeying with him and conveying his epistles unto those to whom they were written. He became Bishop of Beroea in Thrace, where he endured great tribulations while bringing many of the heathen to holy Baptism, and also suffered martyrdom there. Saint Paul mentions him in II Timothy 4:13.

+ The Holy Apostle Alphaeus (+1st Century)

+ The Holy Martyrs Abercius and Helen, children of the Apostle Alphaeus (+1st Century)

+ The Holy New Martyr Alexander of Thessaloniki (+1794)

Through the intercessions of Your Saints, O God, have mercy on us and save us. Amen.

Variable Hymns of the Day in the Divine Liturgy of St. John Chrysostom (pg. 8 in the Small Book/pg. 37 in the Hymnal):

- Hymn of the Resurrection (Χριστός ανέστη, Plagal 1st Mode):

Χριστός ανέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶν ἁρισάμενος.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

- Special Entrance Hymn (Ἐν ἐκκλησίαις, 2nd Mode):

Bless God in the churches, the Lord from the fountains of Israel. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

- Weekly Resurrectional Hymn (Ἐυφραίνεσθω τα οὐράνια, 3rd Mode):

Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy. (Greek text found in large hymnal on pg. 106)

- Hymn of the Holy Cross (Σώσον Κύριε, 1st Mode):

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross. (sung in Greek and English)

- The Kontakion of Pascha (Ἐὶ καὶ ἐν τάρῳ, Plagal 4th Mode):

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection. (Greek text found in large hymnal on pg. 274)

Guidance, Prayer Requests, and Announcements

This Week's Daily

Scripture Readings and Fasting Guidance:
Sunday of the Paralytic (5/26—No Fasting):

Luke 24:12-35; Acts 9:32-42; John 5:1-15

Monday (5/27—No Fasting): Acts 10:1-16; John 6:56-69

Tuesday (5/28—No Fasting): Acts 10:21-33; John 7:1-13

Wednesday (5/29—Mid-Pentecost—Fish+Wine+Oil):
Acts 14:6-18; John 7:14-30

Thursday (5/30—No Fasting): Acts 10:34-43; John 8:12-20

Friday (5/31—Wine+Oil): Acts 10:44-48, 11:1-10;

John 8:21-30

Saturday (6/1—No Fasting): Acts 12:1-11; John 8:31-42

Prayer Requests:

Fr. Symeon (mission priest supported by our parish), Panteleimon, Michael, Kassiani, Dimitrios, Georgia, Pavlos, Maria, Betty, Irene, Valerie, Dianna, Keith, Jeannie, Dawn, Kenneth, Hermione, Mary, Kay, Helen, Nikki, Mena, Austin, Kiley, Garrett, Carolina, Maria, Laurie, Lindsey, Randy, Marina, Effie, Christina, Ashley, Foster, Peggy, Lynn, Stelianos, Brian, Vassilios, Bessie, Katerina, Link, Bill, Virginia, Karl, Colin, Mitch, Rinne, Michael, Christian

Prayers for those recently reposed:

Kathy (+April 26), Mary (+May 3)

Prayers for expecting mothers:

Julie G., Bobbie I., Muryah S.

Prayers for Military Personnel and Their Families:

Aubriana Butchko, Kyle Glotzbach, Robert Ice, Aaron Vrahiotes, Aleksander Zajac

Prayers for our Catechumens and Inquirers into the Orthodox Church:

Bobbie, Jessica, Nate, Schyler, Susan and pray for those who are seeking Christ and His Church!

Weekly Wisdom of the Fathers:

St. Isaac of Syria speaks to us of our Lord's great and abundant mercy: "As a grain of sand weighed against a large amount of gold, so, in God, is the demand for equitable justice weighed against his compassion. As a handful of sand in the boundless ocean, so are the sins of the flesh in comparison with God's providence and mercy. As a copious spring could not be stopped up with a handful of dust, so the Creator's compassion cannot be conquered by the wickedness of creatures."

Upcoming Celebrations This Week

Name Days—Chronia Polla, Many Years!

May 27: Steve "Bede" Douglas

May 28: Brad Perry

May 30: Emmy "Emmelia" Young

June 1: Justin Lane

Birthdays—Happy Birthday!

May 26: Erzebet Santon, Emmy Young

May 29: Nice Dermatas

May 30: Bessie Andros

June 1: Alexandra Stefanis

Anniversaries—Congratulations!

May 26: Cleo and Tony Bennette

June 1: Erick and Cheryl Schwartzkopf

(If you have a celebration that did not make it into the bulletin, please e-mail Fr. Theodore!)

Announcements:

* **As a reminder, there is no kneeling in the Church from the period of Pascha to Pentecost according to the ancient canons.**

* **Greek School** will be taking a break for the summer and regrouping for the future. We thank Maria Bronisevsky and her assistants for all of their efforts!

* **GREEK DANCE:** practice starts today (5/26) and will be every other Sunday for the time being as we look ahead to the Festival. Bring comfortable shoes if needed. Opa!

* **YOUTH:** We will honor our high school and college GRADS on June 9 (June 2 for those who are unable to be there on 6/9). Start of Sunday School for 2024/2025 is August 25th!

* After the Liturgy this coming Wednesday, we will complete the study of the steps of the "Ladder" with steps 27-30. Please see your email this week for a copy of the reading.

* The next Red Cross **Blood Drive** in the Parish House will be this Tuesday, May 28 from 3:00 to 7:00pm. Come, give blood, and stay for the Great Vespers of Mid-Pentecost at 6:00!

* **Not-So-Young-Adult Get Together:** Free Outdoor Concert in Perry—6:00pm this coming Friday, May 31. Please contact Beth Zoumeris for more details.

* The **Catechumen Class** will resume on Saturday, June 8. We will meet twice a month on a Saturday from 3:30 to 4:45pm. This is for both those who are learning about the Orthodox Church and those who are already Orthodox who would like to learn more! Contact Fr. Theodore for more information.

* **Byzantine Chant Class** will start anew beginning in early June. This will typically take place on Wednesday evenings from 6:30 to 7:45pm after the evening service. We will be utilizing the textbook "Byzantine Ecclesiastical Music" and studying Byzantine notation from step one. Please contact Fr. Theodore if you are interested.

* **Family Fellowship Night** with the Macon Bacon, Thursday, June 13th at 7pm. We would love for as many of our families to attend. Tickets are \$17. With the purchase of a ticket, this includes all-you-can-eat hot dogs, hamburgers, cheeseburgers, veggie burgers, chicken sandwiches, soda, water, cookies and chips. You also get a free Macon Bacon hat! We need to reserve our tickets as soon as possible. Please let Natalia Saratsiotis know if you would like a ticket and how many you need by Sunday, June 2nd. Tickets will be ordered on the following Monday. Hope to see you there!

* **Bible Study** continues every other Sunday from 12:45 to 1:45pm (next meeting: Sunday, June 2) - current topic is the latter half of Romans, chapter 8.

CHRIST IS RISEN! ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ!