



HOLY CROSS

GREEK ORTHODOX CHURCH

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Sunday, April 7, 2024

Sunday of the Veneration of the Cross

St. Kalliopios the Martyr

Eothinon/Orthros Gospel: Eleventh (John 21:14-25)

Mode of the Week: Third / Τρίτος

QR Codes (scan with smart phone for service texts)

Orthros



Divine Liturgy



Upcoming Schedule

<i>Today, April 7</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of the Veneration of the Cross Holy Chrismation of C.J. Newberry and Ethan Pellegrino Sunday School for the Youth following Holy Communion Procession of the Holy Cross at the end of the Liturgy Coffee Fellowship in the Parish House after Liturgy 12:45pm Youth Greek School/Adult Bible Study 5:00pm Pan-Orthodox Vespers and Lenten Meal
<i>Tuesday, April 9</i>	6:00pm Great Compline 7:00pm Choir Practice in the Church
<i>Wednesday, April 10</i>	5:30pm 9 th Hour and Pre-Sanctified Liturgy 7:15pm Light Lenten Meal and Spiritual Discussion in the Parish House
<i>Friday, April 12</i>	6:00pm Small Compline and 4 th Salutations to the Theotokos
<i>Saturday, April 13</i>	4:00pm Byzantine Chant Class in the Library 5:00pm Great Vespers
<i>Sunday, April 14</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of St. John Climacus Sunday School for the Youth following Holy Communion St. John Chrysostom Oratorical Festival after the Liturgy Coffee Fellowship in the Parish House after the Oratorical Festival 1:00pm Adult Greek School/Greek Youth Dance
<i>Wednesday, April 17</i>	5:30pm 9 th Hour and Pre-Sanctified Liturgy 7:15pm Light Lenten Meal and Spiritual Discussion in the Parish House
<i>Thursday, April 18</i>	5:00pm Orthros and the Great Canon of St. Andrew of Crete
<i>Friday, April 19</i>	5:30pm Small Compline and the Akathist Hymn 7:00pm Not-So-Young-Adult Event
<i>Saturday, April 20</i>	4:00pm Byzantine Chant Class 5:00pm Great Vespers
<i>Sunday, April 21</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of St. Mary of Egypt Sunday School for the Youth following Holy Communion Coffee Fellowship in the Parish House after the Liturgy 12:45pm Youth Greek School/Adult Bible Study
<i>Tuesday, April 23</i>	5:30pm Great Compline 6:30pm Parish Council Meeting
<p>Upcoming Epistle Readers: (4/14) George Saratsiotis, Richard Stewart; (4/21) Pete Tsamolias, Cheryl Schwartzkopf Upcoming PC Member On-Duty: (4/14) Jim Lekas; (4/21) John Apostolou; (4/28) Natalia Saratsiotis Upcoming Ushers: (4/7p) Charles G.; (4/9) Melanie M.; (4/10) David Z.; (4/12) Melanie M.; (4/13) Cheryl+Eric S. Upcoming Video Operators: (4/7p+4/10) Natalia S.; (4/12) Christina D.; (4/14) Gray Y./David N.; (4/17) Natalia S. Fellowship Hosts: (4/14) Pres. Stacey+Others; (4/21) Katerina Iakovidis; (4/28) Philoptochos; (5/5) Pascha Picnic</p>	

Our Parish Hymn of the Holy Cross of Christ:

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

To our Visitors and Guests: We extend a **warm welcome** to all worshipping with us today! While Holy Communion, following ancient practice, is reserved for Orthodox Christians, non-Orthodox may receive the blessed bread (antidoron) offered at the conclusion of the service.
Please join us in the Parish House after the Divine Liturgy for Coffee Fellowship!

Epistle Reading

Σῶσον, Κύριε, τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου.

Στίχ. Πρὸς σέ, Κύριε, κεκράζομαι, ὁ
Θεός μου, μὴ παρασιωπήσης ἀπ' ἐμοῦ.

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Πρὸς Ἑβραίους Ἐπιστολῆς Παύλου τὸ
ἀνάγνωσμα.

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Ἀδελφοί, ἔχοντες ἀρχιερέα μέγαν διεληλυτότα τούς οὐρανούς, Ἰησοῦν τὸν υἱὸν τοῦ Θεοῦ, κρατῶμεν τῆς ὁμολογίας. οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖν ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα χωρὶς ἁμαρτίας. προσερχώμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον καὶ χάριν εὐρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεὺς ἐξ ἀνθρώπων λαμβανόμενος ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν Θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν, μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσι καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περικεῖται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτω καὶ περὶ ἑαυτοῦ προσφέρειν ὑπὲρ ἁμαρτιῶν. καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ Θεοῦ, καθάπερ καὶ Ἀαρών. οὕτω καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασε γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν· υἱὸς μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε· καθὼς καὶ ἐν ἑτέρῳ λέγει· σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

O Lord, save Your people, and bless
Your inheritance.

Verse: To You, O Lord, I cry; O my
God, may You not pass over me in
silence. (Psalm 27)

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The reading is from Paul's Letter to
the Hebrews. (4:14-16, 5:1-6)

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Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest for ever, after the order of Melchizedek."

The Holy Gospel Reading according to St. Mark (8:34-38, 9:1)

Sunday of the Veneration of the Cross

Εἶπεν ὁ Κύριος· Ὅστις θέλει ὀπίσω μου ἀκολουθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον εἰάν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ εἰάν ἐπαισχυνηθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνηθήσεται αὐτόν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

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GREEK ORTHODOX CHURCH

Rev. Fr. Theodore Ehmer

Προϊστάμενος/Presiding Priest

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Office Days: Tuesday through Friday; call or email Fr. for appointment

Holy Confession: call or email Fr. to schedule

Bulletin for the week of April 7, 2024

Ushers on Duty: John Apostolou, Jim Lekas

Video: Cristina Lekas

Altar Servers: All Adult/Youth Servers

Epistle Readers: Aleca Hortman (Greek); Mike Cantrell (English)

Fellowship Host (Thank You!): Philoptochos

PC Member On-Duty: Natalia Saratsiotis



Today our Holy Orthodox Church commemorates:

- + Third Sunday of Great Lent: Veneration of the Precious and Live-giving Cross

With the help of God, we have almost reached the middle of the course of the Fast, where our strength has been worn down through abstinence, and the full difficulty of the labour set before us becomes apparent. Therefore our holy Mother, the Church of Christ, now brings to our help the all-holy Cross, the joy of the world, the strength of the faithful, the staff of the just, and the hope of sinners, so that by venerating it reverently, we might receive strength and grace to complete the divine struggle of the Fast.

- + The Holy Martyr Kalliopios in Cilicia (+304)

The holy Martyr Kalliopios was from Perga in Pamphylia, brought up in piety by his godly mother Theocleia. When the persecution of Maximian broke out, Saint Kalliopios presented himself of his own accord before the Governor Maximus in Pompeiopolis of Galatia. After he had suffered many torments, his mother visited him in prison and encouraged him in his martyrdom. After this, his thrice-blessed mother, upon learning that he was to be crucified on Holy and Great Thursday, bribed the tyrants to defer it one day, that he might imitate the Lord's Crucifixion on the same day that He suffered it. The holy Martyr Kalliopios received the crown of martyrdom on Holy and Great Friday in the year 304, being crucified upside down.

- + Our Father among the Saints, George, Bishop of Mytilene (+821)

The righteous George struggled in behalf of the holy icons, and reposed in peace about the year 821.

- + The Holy Martyrs Rufinus the Deacon, Aquilina, and 200 with them at Sinope (+249)

- + Our Devout and God-bearing Father Savas the New of Kalymnos (+1947)

Through the intercessions of Your Saints, O God, have mercy on us and save us. Amen.

Variable Hymns of the Day in the Divine Liturgy of St. Basil (pg. 8 in the Small Book/pg. 37 in the Hymnal):

- *Hymn of the Holy Cross (Σώσον Κύριε, First Mode):*

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross. (Sung before the Small Entrance and after the Hymn of the Resurrection)

- *Weekly Hymn of the Resurrection (Ευφρανέσθω τα ουράνια, Third Mode):*

Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy. (Greek text found in large hymnal on pg. 106)

- *The Kontakion of the Annunciation (Τη υπερμάχω, Plagal of the Fourth Mode):*

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride. (Greek text found in large hymnal on pg. 268)

Guidance, Prayer Requests, and Announcements

This Week's Daily

Scripture Readings and Fasting Guidance:

Sunday of the Cross (4/7—Wine+Oil): John 21:14-25; Hebrews 4:14-16, 5:1-6; Mark 8:34-38, 9:1

Monday (4/8—Strict Fast): Isaiah 14:24-32; Genesis 8:21-9:7; Proverbs 11:19-12:6

Tuesday (4/9—Strict Fast): Isaiah 25:1-9; Genesis 9:8-17; Proverbs 12:8-22

Wednesday (4/10—Strict Fast): Isaiah 26:21-27:9; Genesis 9:18-10:1; Proverbs 12:23-13:9

Thursday (4/11—Strict Fast): Isaiah 28:14-22; Genesis 10:32-11:9; Proverbs 13:19-14:6

Friday (4/12—Strict Fast): Isaiah 29:13-23; Genesis 12:1-7; Proverbs 14:15-26

Saturday (4/13—Wine+Oil): Hebrews 6:9-12; Mark 7:31-37

Prayer Requests:

Fr. Symeon (mission priest supported by our parish), Panteleimon, Michael, Kassiani, Dimitrios, Georgia, Pavlos, Maria, Betty, Irene, Valerie, Dianna, Keith, Jeannie, Dawn, Kenneth, Hermione, Mary, Kay, Helen, Nikki, Mena, Austin, Kiley, Garrett, Carolina, Maria, Laurie, Lindsey, Randy, Marina, Effie, Christina, Ashley, Foster, Peggy, Lynn, Dimitri, Stelianos, Brian, Vassilios, Bessie, Katerina, Link, Bill, Virginia, Karl, Colin, Mitch, Rinne, Michael, Christian

Prayers for those recently reposed:

Jeffrey (+March 23), Audrey (+April 2)

Prayers for expecting mothers:

Julie G., Bobbie I., Muryah S.

Prayers for Military Personnel and Their Families:

Aubriana Butchko, Kyle Glotzbach, Robert Ice, Aaron Vrahiotes, Aleksander Zajac

Prayers for our Catechumens and Inquirers into the Orthodox Church:

Bobbie, Jessica, Nate, Schyler and pray for those who are seeking Christ and His Church!

Weekly Wisdom of the Fathers:

St. Romanos the Melodist (+6th c.) from his theological hymnography regarding the veneration of the Holy Cross:

"The Most High planted in the middle of Paradise The thrice blessed wood, the gift of life for us, In order that, in approaching it, Adam might find eternal and immortal life, But he did not strive earnestly to know this life, And he failed to attain it, and revealed death. However, the robber, seeing how the plant in Eden Had been beautifully transplanted in Golgotha, Recognized the life in it and said to himself: `This is what my father lost formerly In Paradise.'"

Upcoming Celebrations This Week

Name Days—Chronia Polla, Many Years!
April 10: Jim Lekas

Birthdays—Happy Birthday!

April 8: John Santon

April 11: Effie Morris

April 12: Christine Nicholas

Anniversaries—Congratulations!

April 13: Betty and Spencer Maxwell

(If you have a celebration that did not make it into the bulletin, please e-mail Fr. Theodore!)

Announcements:

* **Congratulations** to C.J. Newberry who is entering the Church today through Holy Chrismation. God grant him many years and salvation! He is taking the name of St. Longinos. His sponsor is Rene Esquivel.

* **Congratulations** to Ethan Pellegrino who is entering the Church today through Holy Chrismation. God grant him many years and salvation! He is taking the name of St. Panteleimon. His sponsors are Erick and Cheryl Schwartzkopf.

* TONIGHT, we will host a **Pan-Orthodox Lenten Vespers** here at Holy Cross. We have invited the faithful of St. Innocent Orthodox Church to be with us for the service which will begin at 5:00pm and last approximately one hour. Following the service, we will have a Lenten meal and fellowship in the Parish House provided for us by the Philoptochos. Please plan on attending so that we may be good hosts to our brothers and sisters in Christ!

* The **Bookstore** will NOT be open this coming Wednesday, April 10th.

* **Lenten Spiritual Book Discussion** is taking place during the Light Lenten meal after the Pre-Sanctified Liturgy on Wednesdays. We are discussing the book "Thirty Steps to Heaven." Please see the email that was sent or contact Fr. Theodore for more information.

* If you would like to participate in the 2024 **Paschal Lilies** Dedication "In Memory of" or "For the Health of", please see the link that was sent by email. You may also place your payment in the box located in the Narthex (please specify on the memo line Paschal Lilies Dedication). Deadline is Palm Sunday, April 28th. Names will be listed in the Pascha bulletin as well as the following Sunday.

* If you are interested in **LiveStreaming** services, please contact Natalia. It is very simple and she is willing to teach anyone who is willing to learn. We are looking for a few more people to add to the team.

* **Not-So-Young-Adult:** Please save the date for the next get-together taking place after the Akathist Hymn on the evening of Friday, April 19 at Society Garden to watch Theo Drakopoulos' band perform!

* **Youth:** St. John Chrysostom Oratorical Festival—NEXT Sunday, April 14 at the end of Liturgy. Strawberry Picking on Sunday, April 21 after Greek School!