



# HOLY CROSS

## GREEK ORTHODOX CHURCH

859 First Street | Macon, Georgia 31201 | 478.621.0744 (office)  
[www.holycrossga.org](http://www.holycrossga.org) | Facebook: HolyCrossMaconGA

### Sunday, October 29, 2023

7<sup>th</sup> Sunday of Luke

St. Anastasia of Rome

Eothinon/Orthros Gospel: Tenth (John 21:1-14)

Mode of the Week: Fourth/Τέταρτος

QR Codes (scan with smart phone for service texts)

Orthros



Divine Liturgy



### Upcoming Schedule

<i>Today, October 29</i>	9:15am Orthros 10:30am Divine Liturgy on the 7 <sup>th</sup> Sunday of Luke Sunday School for the Youth following Holy Communion Memoriation and Doxology for Oxi Day (Oct 28) Coffee Fellowship in the Outside Courtyard after the Liturgy 12:45pm Greek School (Adults) in the Church/Chapel 5:00pm Wedding of Daniel Smith and Amanda Lord
<i>Wednesday, November 1</i>	5:30pm Great Vespers 6:30pm Introduction to the Orthodox Church Meeting in Parish House 6:30pm Choir Practice in the Church
<i>Sunday, November 5</i>	9:15am Orthros 10:30am Divine Liturgy on the 5 <sup>th</sup> Sunday of Luke Sunday School for the Youth following Holy Communion Coffee Fellowship in the Parish House after the Liturgy 12:30pm Philoptochos Meeting 12:45pm Greek School (Youth)/Adult Bible Study
<i>Wednesday, November 8</i>	9:30am Orthros 10:30am Divine Liturgy on the Feast Day of the Holy Archangels Michael and Gabriel 5:30pm Great Vespers 6:30pm Adult Study: Orthodoxy 101 in the Parish House
<i>Thursday, November 9</i>	5:30pm 9 <sup>th</sup> Hour and Divine Liturgy on the Feast Day of St. Nektarios
<i>Friday, November 10</i>	Veterans Day—Office Closed
<i>Sunday, November 12</i>	9:15am Orthros 10:30am Divine Liturgy on the 8 <sup>th</sup> Sunday of Luke Sunday School for the Youth following Holy Communion 12:30pm Fall General Assembly
<i>Tuesday, November 14</i>	5:30pm 9 <sup>th</sup> Hour and Divine Liturgy on the Feast Day of St. Philip the Apostle
<i>Wednesday, November 15</i>	5:45pm Vespers 6:30pm Adult Study: Orthodoxy 101 in the Parish House
<i>Saturday, November 18</i>	4:00pm Byzantine Chant Class 5:00pm Great Vespers
<i>Sunday, November 19</i>	9:15am Orthros 10:30am Divine Liturgy on the 9 <sup>th</sup> Sunday of Luke Sunday School, Fellowship, Greek School/Bible Study after Liturgy

**Upcoming Epistle Readers:** (11/5) Kostas Iakovidis, Diana Cazacu; (11/12) Aleca Hortman, Panos Drakopoulos  
**Upcoming PC Member On-Duty:** (11/5) Melanie Moye; (11/12) Charles Glotzbach; (11/19) Gray Yates  
**Upcoming Ushers:** (11/1) Cristina L.; (11/5) Charles G., Jim L.; (11/8AM) Eleni+Norm A.; (11/8PM, 11/9) OPEN  
**Upcoming Video Operators:** (11/5) Cristina L.; (11/8) Joanna P.; (11/9) Cristina L.; (11/12) Natalia S.  
**Upcoming Fellowship Hosts:** (11/5) Marcela Chiorescu; (11/12) GOYA Potluck; (11/19) Sarah Drakopoulos

### Our Parish Hymn of the Holy Cross of Christ:

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

**To our Visitors and Guests:** We extend a **warm welcome** to all worshiping with us today! While Holy Communion, following ancient practice, is reserved for Orthodox Christians, non-Orthodox may receive the blessed bread (antidoron) offered at the conclusion of the service.

**Please join us in the Parish House after the Divine Liturgy for Coffee Fellowship!**

## Epistle Reading

Ὡς ἐμεγαλύνθη τὰ ἔργα σου,  
Κύριε· πάντα ἐν σοφίᾳ ἐποίησας.  
Στίχ. Εὐλόγει, ἡ ψυχὴ μου, τὸν  
Κύριον. Κύριε ὁ Θεός μου,  
ἐμεγαλύνθης σφόδρα.

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Πρὸς Γαλάτας Ἐπιστολῆς  
Παύλου τὸ ἀνάγνωσμα.

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Ἀδελφοί, εἰδότες ὅτι οὐ  
δικαιοῦται ἄνθρωπος ἐξ ἔργων  
νόμου, ἐὰν μὴ διὰ πίστεως Ἰησοῦ  
Χριστοῦ, καὶ ἡμεῖς εἰς Χριστὸν  
Ἰησοῦν ἐπιστεύσαμεν, ἵνα  
δικαιωθῶμεν ἐκ πίστεως Χριστοῦ  
καὶ οὐκ ἐξ ἔργων νόμου· διότι ἐξ  
ἔργων νόμου οὐ δικαιωθήσεται  
πᾶσα σὰρξ. Εἰ δὲ ζητοῦντες  
δικαιωθῆναι ἐν Χριστῷ εὐρέθημεν  
καὶ αὐτοὶ ἁμαρτωλοί, ἄρα  
Χριστὸς ἁμαρτίας διάκονος; μὴ  
γένοιτο! Εἰ γάρ, ἃ κατέλυσα,  
ταῦτα πάλιν οἰκοδομῶ,  
παραβάτην ἐμαυτὸν συνίστημι.  
Ἐγὼ γὰρ διὰ νόμου νόμῳ  
ἀπέθανον ἵνα Θεῷ ζήσω. Χριστῷ  
συνεσταύρωμαι· ζῶ δὲ οὐκέτι  
ἐγώ, ζῆ δὲ ἐν ἐμοὶ Χριστός· ὁ δὲ  
νῦν ζῶ ἐν σαρκί, ἐν πίστει ζῶ τῆ  
τοῦ Υἱοῦ τοῦ Θεοῦ τοῦ  
ἀγαπήσαντός με καὶ παραδόντος  
ἑαυτὸν ὑπὲρ ἐμοῦ.

*O Lord, Your works shall be  
magnified greatly; You made all  
things in wisdom.*

*Verse: Bless the Lord, O my soul.  
O Lord my God, You are  
magnified exceedingly. (Ps. 103)*

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*The reading is from Paul's Letter  
to the Galatians. (2:16-20)*

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Brethren, you know that a man is  
not justified by works of the law  
but through faith in Jesus Christ,  
even we have believed in Christ  
Jesus, in order to be justified by  
faith in Christ, and not by works  
of the law, because by works of  
the law shall no one be justified.  
But if, in our endeavor to be  
justified in Christ, we ourselves  
were found to be sinners, is Christ  
then an agent of sin? Certainly  
not! But if I build up again those  
things which I tore down, then I  
prove myself a transgressor. For I  
through the law died to the law,  
that I might live to God. I have  
been crucified with Christ; it is no  
longer I who live, but Christ who  
lives in me; and the life I now live  
in the flesh I live by faith in the  
Son of God, who loved me and  
gave himself for me.

## The Holy Gospel Reading according to St. Luke (8:41-56)

### 7<sup>th</sup> Sunday of Luke

Τῷ καιρῷ ἐκείνῳ, ἄνθρωπός τις προσῆλθε τῷ  
Ἰησοῦ, ᾧ ὄνομα Ἰάειρος, καὶ αὐτὸς ἄρχων τῆς  
συναγωγῆς ὑπῆρχε· καὶ πεσὼν παρὰ τοὺς πόδας  
τοῦ Ἰησοῦ παρεκάλει αὐτὸν εἰσελθεῖν εἰς τὸν  
οἶκον αὐτοῦ, ὅτι θυγάτηρ μονογενῆς ἦν αὐτῷ  
ὡς ἐτῶν δώδεκα καὶ αὕτη ἀπέθνησκειν. Ἐν δὲ  
τῷ ὑπάγειν αὐτὸν οἱ ὄχλοι συνέπνιγον αὐτόν.  
καὶ γυνὴ οὖσα ἐν ῥύσει αἵματος ἀπὸ ἐτῶν  
δώδεκα, ἣτις ἰατροῖς προσαναλώσασα ὄλον τὸν  
βίον οὐκ ἴσχυσεν ὑπ' οὐδενὸς θεραπευθῆναι,  
προσελθοῦσα ὀπισθεν ἤψατο τοῦ κρασπέδου  
τοῦ ἱματίου αὐτοῦ, καὶ παραχρῆμα ἔστη ἡ ῥύσις  
τοῦ αἵματος αὐτῆς. καὶ εἶπεν ὁ Ἰησοῦς· Τίς ὁ  
ἀψάμενός μου; ἀρνούμενων δὲ πάντων εἶπεν ὁ  
Πέτρος καὶ οἱ σὺν αὐτῷ· Ἐπιστάτα, οἱ ὄχλοι  
συνέχουσί σε καὶ ἀποθλίβουσι καὶ λέγεις τίς ὁ  
ἀψάμενός μου; ὁ δὲ Ἰησοῦς εἶπεν· Ἦσατό μου  
τις· ἐγὼ γὰρ ἔγνω δύνάμιν ἐξελθοῦσαν ἀπ'  
ἐμοῦ. ἰδοῦσα δὲ ἡ γυνὴ ὅτι οὐκ ἔλαθε,  
τρέμουσα ἦλθε καὶ προσπεσοῦσα αὐτῷ δι' ἣν  
αἰτίαν ἤψατο αὐτοῦ ἀπήγγειλεν αὐτῷ ἐνώπιον  
παντὸς τοῦ λαοῦ, καὶ ὡς ἰάθη παραχρῆμα. ὁ δὲ  
εἶπεν αὐτῇ· Θάρσει, θύγατερ, ἡ πίστις σου  
σέσωκέ σε· πορεύου εἰς εἰρήνην. Ἔτι αὐτοῦ  
λαλοῦντος ἔρχεται τις παρὰ τοῦ ἀρχισυναγώγου  
λέγων αὐτῷ ὅτι Τέθνηκεν ἡ θυγάτηρ σου· μὴ  
σκύλλε τὸν διδάσκαλον. ὁ δὲ Ἰησοῦς ἀκούσας  
ἀπεκρίθη αὐτῷ λέγων· Μὴ φοβοῦ· μόνον  
πίστευε, καὶ σωθήσεται. ἔλθων δὲ εἰς τὴν οἰκίαν  
οὐκ ἀφῆκεν εἰσελθεῖν οὐδένα εἰ μὴ Πέτρον καὶ  
Ἰωάννην καὶ Ἰάκωβον καὶ τὸν πατέρα τῆς  
παιδὸς καὶ τὴν μητέρα. ἔκλαιον δὲ πάντες καὶ  
ἐκόπτοντο αὐτήν. ὁ δὲ εἶπε· Μὴ κλαίετε· οὐκ  
ἀπέθανεν, ἀλλὰ καθεύδει. καὶ κατεγέλων  
αὐτοῦ, εἰδότες ὅτι ἀπέθανεν. αὐτὸς δὲ ἐκβαλὼν  
ἔξω πάντας καὶ κρατήσας τῆς χειρὸς αὐτῆς  
ἐφώνησε λέγων· Ἡ παῖς, ἐγείρου. καὶ  
ἐπέστρεψε τὸ πνεῦμα αὐτῆς, καὶ ἀνέστη  
παραχρῆμα, καὶ διέταξεν αὐτῇ δοθῆναι φαγεῖν.  
καὶ ἐξέστησαν οἱ γονεῖς αὐτῆς· ὁ δὲ  
παρήγγειλεν αὐτοῖς μηδενὶ εἰπεῖν τὸ γεγονός.

At that time, there came to Jesus a man  
named Jairus, who was a ruler of the  
synagogue; and falling at Jesus' feet he  
besought him to come to his house, for he  
had an only daughter, about twelve years of  
age, and she was dying. As he went, the  
people pressed round him. And a woman  
who had had a flow of blood for twelve years  
and had spent all her living upon physicians  
and could not be healed by anyone, came up  
behind him, and touched the fringe of his  
garment; and immediately her flow of blood  
ceased. And Jesus said, "Who was it that  
touched me?" When all denied it, Peter said,  
"Master, the multitudes surround you and  
press upon you!" But Jesus said, "Some one  
touched me; for I perceive that power has  
gone forth from me." And when the woman  
saw that she was not hidden, she came  
trembling, and falling down before him  
declared in the presence of all the people why  
she had touched him, and how she had been  
immediately healed. And he said to her,  
"Daughter, your faith has made you well; go  
in peace." While he was still speaking, a man  
from the ruler's house came and said, "Your  
daughter is dead; do not trouble the Teacher  
any more." But Jesus on hearing this  
answered him, "Do not fear; only believe,  
and she shall be well." And when he came to  
the house, he permitted no one to enter with  
him, except Peter and John and James, and  
the father and mother of the child. And all  
were weeping and bewailing her; but he said,  
"Do not weep; for she is not dead but  
sleeping." And they laughed at him, knowing  
that she was dead. But taking her by the  
hand he called, saying, "Child, arise." And  
her spirit returned, and she got up at once;  
and he directed that something should be  
given her to eat. And her parents were  
amazed; but he charged them to tell no one  
what had happened.

# HOLY CROSS

## GREEK ORTHODOX CHURCH

Rev. Fr. Theodore Ehmer

Προϊστάμενος/Presiding Priest

E-mail: frtheodore@holycrossga.org

Cell: 770.256.0290

Office Days: Tuesday through Friday: call or email Fr. for appointment

Holy Confession: call or email Fr. to schedule

### Bulletin for the week of October 29, 2023

**Ushers on Duty:** Charles Glotzbach, David Zoumberis

**Video:** Christina D.

**Altar Servers:** All Adult/Youth Servers

**Epistle Readers:** Pete Tsamolias (Greek), Charles Glotzbach (English)

**Fellowship Host (Thank You!):** Sarah Drakopoulos

**PC Member On-Duty:** Sarah Drakopoulos



### Today our Holy Orthodox Church commemorates:

- + The Holy Monastic Martyr Anastasia of Rome (+256)

*Saint Anastasia, who was young in age and lived in a convent, was seized by the impious. Confessing Christ openly and with boldness and enduring manifold torments, she was beheaded in the year 256, during the reign of Valerian.*

- + Our Devout Father Abramius and his niece Maria (+366)

*Our Righteous Father Abramius, born in Edessa in Mesopotamia in 296, took up the monastic life and brought many pagans to Christ. Mary, his niece, upon the death of her parents, joined Abramius at his hermitage and under his guidance advanced swiftly in the love of God. Through the wiles of the evil one, however, she fell into sin, and falling from them into despair, she left her uncle and became a harlot. When he learned where his niece was, Abramius put on the clothes of a man of the world and went to visit her in disguise. Through his exhortations, Mary returned to her first hope in the mercy of God, was rescued from the life of harlotry, and ended her life in great holiness. He himself reposed in the year 366. Saints Abramius and Mary were friends of Saint Ephraim the Syrian, and it was he who wrote their account.*

- + The Holy Martyrs Cyril, Menas, and Menaeus

- + The Holy Martyr Savas the Commander

- + Our devout Mother Anna, known as Euphemiannus (+826)

- + The Holy Martyr Melitene of Marcionopolis

- + The Holy New Hieromartyr Athanasios of Attaleia, Sparta (+1653)

- + The New Monastic Martyr Timothy of Esfigmenou Monastery on Mount Athos (+1820)

*Through the intercessions of Your Saints, O God, have mercy on us and save us. Amen.*

### Variable Hymns of the Day in the Divine Liturgy of St. John Chrysostom (pg. 8 in the Small Book/pg. 37 in the Hymnal):

- *Weekly Resurrectional Hymn (Το φαίδρον, Fourth Mode):*

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, "Death has been despoiled! Christ God has risen, granting the great mercy to the world!" (Sung before and after the Small Entrance. Greek text found in large hymnal on pg. 110)

- *Hymn of the Holy Cross (Σώσον Κύριε, First Mode):*

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

- *The Normal Kontakion (Προστασία των Χριστιανών, Second Mode):*

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you. (Greek Text found in large hymnal on pg. 224)

## Guidance, Prayer Requests, and Announcements

### This Week's Daily Scripture Readings and Fasting Guidance:

**Sunday (10/29—No Fasting):** John 21:1-14; Galatians 2:16-20; Luke 8:41-56

**Monday (10/30—No Fasting):** Colossians 2:13-20; Luke 11:29-33

**Tuesday (10/31—No Fasting):** Romans 16:1-16; Luke 11:34-41

**Wednesday (11/1—Wine+Oil):** I Corinthians 12:27-31, 13:1-8; Matthew 10:1, 5-8

**Thursday (11/2—No Fasting):** Colossians 4:2-9; Luke 11:47-54, 12:1

**Friday (11/3—Strict Fast):** Colossians 4:10-18; Luke 12:2-12

**Saturday (11/4—No Fasting):** II Corinthians 5:1-10; Luke 9:1-6

### Prayer Requests:

Fr. Symeon (mission priest supported by our parish), Panteleimon, Michael, Evthalia, Kassiani, Michael, Dimitrios, Georgia, Pavlos, Betty, David, Chris, Irene, Valerie, Dianna, Keith, Jeannie, Dawn, Kenneth, Samuel, Hermione, Emmanuel, Mary, Kay, Helen, Nikki, Mena, Austin, Kiley, Garrett, Carolina, Maria, Laurie, Lindsey, Randy, Marina, Effie, Christina, Ashley, Foster, Peggy, Lynn, Dimitri, Stelianos, Denna, Brian, Vassilios, Bessie

### Prayers for those recently reposed:

Dennis (+September 10), Steven (+September 18), Jeffie Sue (+September 21), Raymond (+September 23), Georgia (+September 24), Jackie (+October 21)

### Prayers for expecting mothers:

Maggie B., Hannah K., Julieta L.

### Prayers for Military Personnel and Their Families:

Aubriana Butchko, Kyle Glotzbach, Robert Ice, Aaron Vrahiotes, Aleksander Zajac

### Prayers for our Catechumens and Inquirers into the Orthodox Church:

Bobbie, CJ, Ethan, Jace, James, Jessica, Nate and pray for those who are seeking Christ and His Church!

### Weekly Wisdom of the Fathers:

**St. John Chrysostom** speaking of truth about what it means to be a Christian not just in name but in reality: "Nothing is more frigid than a Christian who is indifferent to the salvation of others. Indeed, I wonder if such a person can be a true Christian. To become a disciple of Christ is to obey his law of love; and obedience to the law brings joy beyond measure and description. Love means to want the best for others, sharing with them the joy of love."

### Upcoming Celebrations This Week

*Name Days—Chronia Polla, Many Years!*  
None in the Records

*Birthdays—Happy Birthday!*

October 29: Harry Bennette, Hannah Kostakis, Patsy Zoumberis

October 30: Roza Harris

October 31: Tammy Vrahiotes

November 1: Milijana Hansee, Beth Zoumberis

November 2: Toulia Tsamolias

November 3: Eleni Grace Esquivel

November 4: James Stone

*Anniversaries—Congratulations!*

October 31: Mike and Tammi Cantrell,  
Nicholas and Pamela Poulos

*(If you have a celebration that did not make it into the bulletin, please e-mail Fr. Theodore!)*

### Announcements:

\* **Congratulations** to Daniel Smith and Amanda Lord who are being joined in the Holy Sacrament of Marriage this afternoon. God bless them and their marriage always!

\* **Philoptochos:** If you have not paid your dues for 2023, please do so as soon as possible. If you would like to join Philoptochos, let us know! We are always welcoming new members! The next Philoptochos meeting is schedule for after Liturgy next Sunday, November 5.

\* **The Adult Study Class** for the next few months on Wednesday evening will be "Orthodoxy 101." This will cover the basics of our Orthodox Christian faith. This is open to both newcomers and those in the Church. Classes will last from 6:30pm to 7:30pm on Wednesdays. **This Wednesday, November 1, there will be an informational meeting for newcomers about the class at 6:30pm in the Parish House.**

\* **Choir Practice:** This Wednesday at 6:30pm in the Church (after Great Vespers).

\* **GREEK FESTIVAL: Thank you** to all who utilized their time, talent, and treasure for the success of the Festival! A report on the Festival will be made at the upcoming Fall General Assembly.

\* **Fall General Assembly** coming soon: Sunday, November 12 after the Divine Liturgy. Agenda for the meeting will be sent this coming week.

\* **Youth:** Winter Youth Rally registration is now open (for 7th to 12th graders, December 27-30 in Atlanta). See the website (<https://atlmopolis.org/winter-youth-rally>) for more details.

\* **Shut-Ins:** If you know of anyone who is unable to come to the Church because of illness, age, or any other reason, please contact Fr. Theodore so that he can visit with them, pray with them, and administer to them the Holy Mysteries.