



HOLY CROSS

GREEK ORTHODOX CHURCH

859 First Street | Macon, Georgia 31201 | 478.621.0744 (office)
www.holycrossga.org | Facebook: HolyCrossMaconGA

Sunday, July 16, 2023

Sunday of the Fathers of the 4th Ecumenical Council
 St. Athenogenes, Bishop of Pidachthoa

Eothinon/Orthros Gospel: Sixth (Luke 24:36-53)

Mode of the Week: Plagal of the First/Πλ.του Πρώτου

QR Codes (scan with smart phone for service texts)

Orthros



Divine Liturgy



Upcoming Schedule

<i>Today, July 16</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of the Fathers of the Fourth Ecumenical Council Coffee Fellowship and Bible Study in the Parish House after Liturgy
<i>Wednesday, July 19</i>	3-7pm Red Cross Blood Drive in the Parish House 6:00pm Great Vespers for the Feast of the Prophet Elias (Elijah) 7:15pm Intro to Orthodoxy Class (Zoom Meeting)
<i>Thursday, July 20</i>	9:30am Orthros 10:30am Divine Liturgy on the Feast of the Prophet Elias (Elijah)
<i>Friday, July 21</i>	TBD Greek Festival Prep—Pastitsio
<i>Saturday, July 22</i>	TBD Greek Festival Prep—Pastitsio 4:00pm Byzantine Chant Class 5:00pm Great Vespers
<i>Sunday, July 23</i>	9:15am Orthros 10:30am Divine Liturgy on the 7 th Sunday of Matthew Memorial Service for reposed from the Pavlis, Petrick, Phillips, Tsourakis, and Zoumberis Families Coffee Fellowship and Bible Study in the Parish House after Liturgy
<i>Tuesday, July 25</i>	9:30am Orthros 10:30am Divine Liturgy on the Dormition of St. Anna
<i>Wednesday, July 26</i>	5:30pm Divine Liturgy on the Feast Day of St. Paraskevi and honoring St. Panteleimon 7:00pm Parish Council Meeting
<i>Saturday, July 29</i>	5:00pm End of the Summer BBQ at the House of Kathye Patras (all are invited!)
<i>Sunday, July 30</i>	9:15am Orthros 10:30am Divine Liturgy on the 8 th Sunday of Matthew Backpack Blessing for the Beginning of the New School Year at the end of the Divine Liturgy Coffee Fellowship and Bible Study in the Parish House after Liturgy
<i>Monday, August 1</i>	5:30pm Small Paraklesis (Beginning of the Dormition Fast)
<i>Tuesday, August 2</i>	5:30pm Great Paraklesis 6:30pm Fall Ministries Planning Meeting

Upcoming Epistle Readers: (7/23) Aleca Hortman, Cheryl Schwartzkopf; (7/30) George Saratsiotis, Charles Glotzbach
Upcoming Ushers: (7/19) Hazel D.; (7/20+7/22) Sarah D.; (7/23) John A.; Cleo B.; (7/25) Kiki K.; (7/26) David Z.
Upcoming Video Operators: (7/20) Joanna P.; (7/23) Christina D.; (7/25) Joanna P.; (7/30) Gray Y., David N.
Upcoming Fellowship Hosts: (7/23) Beth Zoumberis; (7/30) Kathye Patras; (8/6) Sarah Drakopoulos

Our Parish Hymn of the Holy Cross of Christ:

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

To our Visitors and Guests: We extend a **warm welcome** to all worshiping with us today! While Holy Communion, following ancient practice, is reserved for Orthodox Christians, non-Orthodox may receive the blessed bread (antidoron) offered at the conclusion of the service.

Please join us in the Parish House after the Divine Liturgy for Coffee Fellowship!

Epistle Reading

*Εὐφράνθητε ἐπὶ Κύριον καὶ
ἀγαλλιᾶσθε, δίκαιοι.*

*Στίχ. Μακάριοι ὧν ἀφέθησαν αἱ
ἀνομίαι.*

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*Πρὸς Τίτον Ἐπιστολῆς Παύλου τὸ
ἀνάγνωσμα.*

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Τέκνον Τίτε, πιστὸς ὁ λόγος, καὶ περὶ
τούτων βούλομαί σε διαβεβαιωθῆναι,
ἵνα φροντίζωσιν καλῶν ἔργων
προΐστασθαι οἱ πεπιστευκότες θεῷ.
ταῦτά ἐστιν καλὰ καὶ ὠφέλιμα τοῖς
ἀνθρώποις· μωρὰς δὲ ζητήσεις καὶ
γενεαλογίας καὶ ἔριν καὶ μάχας
νομικὰς περιΐστασο, εἰσὶν γὰρ
ἀνωφελεῖς καὶ μάταιοι. Αἰρετικὸν
ἄνθρωπον μετὰ μίαν καὶ δευτέραν
νουθεσίαν παραιτοῦ, εἰδὼς ὅτι
ἐξέστραπται ὁ τοιοῦτος καὶ
ἀμαρτάνει, ὧν αὐτοκατάκριτος. Ὅταν
πέμψω Ἀρτεμᾶν πρὸς σὲ ἢ Τυχικόν,
σπούδασον ἐλθεῖν πρὸς με εἰς
Νικόπολιν, ἐκεῖ γὰρ κέκρικα
παραχειμάσαι. Ζηνᾶν τὸν νομικὸν
καὶ Ἀπολλῶν σπουδαίως πρόπεμψον,
ἵνα μηδὲν αὐτοῖς λείπη.
μανθανέτωσαν δὲ καὶ οἱ ἡμέτεροι
καλῶν ἔργων προΐστασθαι εἰς τὰς
ἀναγκαίας χρείας, ἵνα μὴ ᾤσιν
ἄκαρποι. Ἀσπάζονται σε οἱ μετ' ἐμοῦ
πάντες. Ἀσπασαί τοὺς φιλοῦντας
ἡμᾶς ἐν πίστει. ἡ χάρις μετὰ πάντων
ὑμῶν. Ἀμήν.

*Be glad in the Lord and rejoice
greatly, O righteous ones.*

*Verse: Blessed are those whose
transgressions are forgiven.*

(Psalm 131)

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*The reading is from Paul's Letter to
Titus. (3:8-15)*

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Titus, my son, the saying is sure. I
desire you to insist on these things,
so that those who have believed in
God may be careful to apply
themselves to good deeds; these are
excellent and profitable to men. But
avoid stupid controversies,
genealogies, dissensions, and
quarrels over the law, for they are
unprofitable and futile. As for a man
who is factious, after admonishing
him once or twice, have nothing
more to do with him, knowing that
such a person is perverted and sinful;
he is self-condemned. When I send
Artemas or Tychicos to you, do your
best to come to me at Nicopolis, for I
have decided to spend the winter
there. Do your best to speed Zenas
the lawyer and Apollos on their way;
see that they lack nothing. And let
our people learn to apply themselves
to good deeds, so as to help cases of
urgent need, and not to be unfruitful.
All who are with me send greeting to
you. Greet those who love us in the
faith. Grace be with you all. Amen.

The Holy Gospel Reading according to St. Matthew (5:14-19)

Fathers of the 4th Ecumenical Council

Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ
μαθηταῖς· Ὑμεῖς ἐστε τὸ φῶς
τοῦ κόσμου. οὐ δύναται πόλις
κρυβῆναι ἐπάνω ὄρους
κειμένη· οὐδὲ καίουσι λύχνον καὶ
τιθέασιν αὐτὸν ὑπὸ τὸν μόδιον,
ἀλλ' ἐπὶ τὴν λυχνίαν, καὶ λάμπει
πᾶσι τοῖς ἐν τῇ οἰκίᾳ. οὕτω
λαμψάτω τὸ φῶς ὑμῶν
ἔμπροσθεν τῶν ἀνθρώπων, ὅπως
ἴδωσιν ὑμῶν τὰ καλὰ ἔργα καὶ
δοξάσωσι τὸν πατέρα ὑμῶν τὸν
ἐν τοῖς οὐρανοῖς. Μὴ νομίσητε
ὅτι ἦλθον καταλῦσαι τὸν νόμον
ἢ τοὺς προφῆτας· οὐκ ἦλθον
καταλῦσαι, ἀλλὰ
πληρῶσαι. ἀμὴν γὰρ λέγω ὑμῖν,
ἕως ἂν παρέλθῃ ὁ οὐρανὸς καὶ ἡ
γῆ, ἰῶτα ἐν ἡ μία κεραία οὐ μὴ
παρέλθῃ ἀπὸ τοῦ νόμου ἕως ἂν
πάντα γένηται. ὅς ἐάν οὖν λύσῃ
μίαν τῶν ἐντολῶν τούτων τῶν
ἐλαχίστων καὶ διδάξῃ οὕτω τοὺς
ἀνθρώπους, ἐλάχιστος
κληθήσεται ἐν τῇ βασιλείᾳ τῶν
οὐρανῶν· ὅς δ' ἂν ποιῆσῃ καὶ
διδάξῃ, οὗτος μέγας κληθήσεται
ἐν τῇ βασιλείᾳ τῶν οὐρανῶν.

The Lord said to his disciples,
"You are the light of the
world. A city set on a hill
cannot be hid. Nor do men
light a lamp and put it under
a bushel, but on a stand, and
it gives light to all in the
house. Let your light so shine
before men, that they may see
your good works and give
glory to your Father who is in
heaven. Think not that I have
come to abolish the law and
the prophets; I have come not
to abolish them but to fulfill
them. For truly, I say to you,
till heaven and earth pass
away, not an iota, not a dot,
will pass from the law until all
is accomplished. Whoever
then relaxes one of the least
of these commandments and
teaches men so, shall be
called least in the kingdom of
heaven; but he who does
them and teaches them shall
be called great in the kingdom
of heaven."

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GREEK ORTHODOX CHURCH

Rev. Fr. Theodore Ehmer

Προϊστάμενος/Presiding Priest

E-mail: frtheodore@holycrossga.org

Cell: 770.256.0290

Office Days: Tuesday through Friday: call or email Fr. for appointment

Holy Confession: call or email Fr. to schedule

Bulletin for the week of July 16, 2023

Ushers on Duty: Vasiliki Kallaras, Natalia Saratsiotis

Video: David Z.

Altar Servers: All Adult/Youth Servers

Epistle Readers: George Saratsiotis (Greek), Richard Stewart (English)

Fellowship Host (Thank You!): Cheryl Schwartzkopf



Today our Holy Orthodox Church commemorates:

+ The 630 God-bearing Fathers of the Fourth Ecumenical Council in Chalcedon (451)

On the Sunday that falls from the 13th to the 19th of the present month, we chant the Service to the 630 Holy and God-bearing Fathers who came together for the 4th Ecumenical Council who assembled in Chalcedon in 451, to condemn Eutyches, who taught that there was only one nature, the divine, in Christ after the Incarnation, and Dioscorus, Patriarch of Alexandria, who illegally received Eutyches back into communion and deposed Saint Flavian, Patriarch of Constantinople, who had excommunicated Eutyches.

+ The Holy Hieromartyr Athenogenes, Bishop of Pidachthoa (+311)

This Saint was from Sebastia of Cappadocia and, according to the Synaxaristes, became Bishop of Pidachthoa. He and ten of his disciples were tortured and beheaded by the Governor of Philomarchus in the times of Diocletian. There is a second Martyr Athenogenes commemorated today, mentioned by Saint Basil in Chapter 29 of his treatise "On the Holy Spirit"; it is said that as this Athenogenes approached the fire, wherein he was to die a martyr's death, he chanted the hymn O Joyous Light in praise of the Holy Trinity (see also Mar. 11).

+ The Holy Martyr Faustus (+249)

+ The Holy Martyr Antiochus, brother of the holy Martyr Plato (+4th Century)

+ The Holy 15,000 Martyrs in Pisidia who believed in Christ through Saint Marina

By the intercessions of Your Saints, O God, have mercy on us and save us. Amen.

Variable Hymns of the Day in the Divine Liturgy of St. John Chrysostom (page 8 in the Pew Book):

- Weekly Resurrectional Hymn (Τὸν συνάναρχον Λόγον, Plagal First Mode):

As the Father and Spirit are unoriginate, * so the Word, who was born from the Virgin for us. * Let us praise Him, O believers, and let us worship Him. * For our salvation He was pleased * to be crucified in the flesh, * and to undergo death, * and to resurrect the dead, by His glorious resurrection. (Sung before and after the Small Entrance)

- Hymn of the Holy Cross (Σῶσον Κύριε, First Mode):

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

- Hymn of the Holy Fathers (Υπερδεδοξαμένους εἰ, Plagal Fourth Mode):

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

- The Normal Kontakion of the Theotokos (Προστασία τῶν Χριστιανῶν, Second Mode):

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Guidance, Prayer Requests, and Announcements

This Week's Daily Scripture Readings and Fasting Guidance:

Sunday (7/16—No Fasting): Luke 24:36-53; Titus 3:8-15; Matthew 5:14-19

Monday (7/17—St. Marina—No Fasting): Galatians 3:23-29, 4:1-5; Mark 5:24-34

Tuesday (7/18—No Fasting): I Corinthians 6:20, 7:1-12; Matthew 14:1-13

Wednesday (7/19—Strict Fast): I Corinthians 7:12-24; Matthew 14:35-36, 15:1-11

Thursday (7/20—Prophet Elias—No Fasting): James 5:10-20; Luke 4:22-30

Friday (7/21—Strict Fast): I Corinthians 7:35-40, 8:1-7; Matthew 15:29-31

Saturday (7/22—St. Mary Magdalene—No Fasting): I Corinthians 9:2-12; Luke 8:1-3

Prayer Requests:

Fr. Symeon (mission priest supported by our parish), Panteleimon, Michael, Evthalia, Kassiani, Michael, Dimitrios, Georgia, Pavlos, Jill, Betty, David, Chris, Irene, Valerie, Dianna, Keith, Jeannie, Dawn, Kenneth, Samuel, Hermione, Emmanuel, Mary, Kay, Helen, Nikki, Sedky, Mena, Austin, Kiley, Garrett, Andy, Heather, Carolina, Maria, Laurie, Lindsey, Randy, Raymond, Marina, Effie, Christina, Ashley, Foster, Peggy, Lynn, Dimitri, Stelianos, Marty

Prayers for those recently reposed:

Anna (+June 11), Hines (+July 3)

Prayers for expecting mothers:

Katina B., Maggie B.

Prayers for Military Personnel and Their Families:

Aubriana Butchko, Kyle Glotzbach, Robert Ice, Aaron Vrahiotes, Aleksander Zajac

Prayers for our Catechumens and Inquirers into the Orthodox Church:

Bobbie, Chad, CJ, Jace, Nate and

pray for those who are seeking Christ and His Church!

Weekly Wisdom of the Fathers:

St. Isaac the Syrian speaks to us from the ancient world and begins with a familiar quotation to us: "Love sinners, but hate their deeds, and do not disdain sinners for their failings, so that you yourself do not fall into the temptation in which they abide... Do not be angry at anyone and do not hate anyone, neither for their faith, nor for their shameful deeds... Do not foster hatred for the sinner, for we are all guilty... Hate his sins, and pray for him, so that you may be made like unto Christ, who had no dislike for sinners, but prayed for them."

Upcoming Celebrations This Week

Name Days—Chronia Polla, Many Years!

July 21: Diane Berkner

July 22: Rene Anthonis Esquivel, Jr.

Birthdays—Happy Birthday!

July 17: Marina Deskins, Anthony Nicholas Odom

July 20: Cleo Bennette, Louis Bennette

July 22: Joan Cabral, Marcela Chiorescu,

Milijana Magdalene Hansee, Evan Nanaj,

Mary Monika Robinson

Anniversaries—Congratulations!

July 20: Paula and Jimmy Cacavias

July 22: Holly and Tony Economopoulos

(If you have a celebration that did not make it into the bulletin, please e-mail Fr. Theodore!)

Announcements:

* **Shut-Ins:** If you know of anyone who is unable to come to the Church because of illness, age, or any other reason, please contact Fr. Theodore so that he can visit with them, pray with them, and administer to them the Holy Mysteries.

* **END OF SUMMER BBQ FELLOWSHIP** will be held on Saturday, July 29th at 5:00pm at the home of Kathye Patras. The Parish Council will be providing dinner. Be sure to bring your choice of beverage along with your chairs. For those that want to play on the beach, kayak, swim, etc., be sure to bring your bathing suits and towels. Please click the link in the bulletin email to RSVP whether or not you are able to attend.

* For those that are interested in learning more about the Orthodox Christian faith, we are conducting our **Intro to Orthodoxy/Catechumen classes** (usually) online by Zoom meeting every other week (next meeting is planned for Wednesday, July 19). Please contact Fr. Theodore for more information!

* **GREEK FESTIVAL:** Please mark your calendars for this year's festival: October 20-22. Also, please save the date for October 19 for set-up! We will be preparing Pastitsio on Friday, July 21st and Saturday, July 22nd. If you are able to help, please contact Natalia. Lastly, please refer to the bulletin email for more festival info and links!

* The next **Red Cross Blood Drive** will be taking place this Wednesday, July 19 from 3:00pm to 7:00pm in the Parish House. Please consider donating!

* **Youth:** Sunday, July 30 at the end of Divine Liturgy is the blessing of students for the new school year (backpack blessing!) Please plan on attending!