



# HOLY CROSS

## GREEK ORTHODOX CHURCH

859 First Street | Macon, Georgia 31201 | 478.621.0744 (office)  
[www.holycrossga.org](http://www.holycrossga.org) | Facebook: HolyCrossMaconGA

### Sunday, January 8, 2023

Sunday after Theophany

+ St. Domnica of Constantinople

Eothinon/Orthros Gospel: Eighth (John 20:11-18)

Mode of the Week: Plagal First/Πλ. του Πρώτου

QR Codes (scan with smart phone for service texts)

Orthros



Divine Liturgy



### Upcoming Schedule

*Today, January 8*

9:15am Orthros  
10:30am Divine Liturgy on the Sunday after Theophany  
Sunday School for the Youth after Holy Communion  
Blessing of the 2023 Parish Council at the end of the Liturgy  
Coffee Fellowship in the Parish House after the Liturgy  
12:30pm GOYA Meeting in the Parish House  
1:00pm Parish Council Meeting

*Wednesday, January 11*

6:30pm Adult Study Class in the Parish House

*Thursday, January 12*

7:00pm Not-So-Young-Adult Outing (Society Garden, Macon)

*Friday, January 13*

10:00am Book Study (Place TBD)

*Saturday, January 14*

4:00pm Byzantine Chant Class in the Library  
5:00pm Great Vespers

*Sunday, January 15*

9:15am Orthros  
10:30am Divine Liturgy on the 12<sup>th</sup> Sunday of Luke  
Sunday School for the Youth after Holy Communion  
Coffee Fellowship in the Parish House after the Liturgy

*Sunday, January 22*

9:15am Orthros  
10:30am Divine Liturgy on the 15<sup>th</sup> Sunday of Luke  
Sunday School for the Youth after Holy Communion  
Coffee Fellowship in the Parish House after the Liturgy

*Wednesday, January 25*

5:00pm 9<sup>th</sup> Hour and Divine Liturgy on the Feast Day of St. Gregory the Theologian  
6:30pm Adult Study Class in the Parish House

*Thursday, January 26*

TBD Young Adult Ministry Get Together

*Saturday, January 28*

4:00pm Byzantine Chant Class in the Library  
5:00pm Great Vespers

*Sunday, January 29*

9:15am Orthros  
10:30am Divine Liturgy on the Sunday of the Canaanite  
Sunday School for the Youth after Holy Communion  
Coffee Fellowship in the Parish House after the Liturgy

**Upcoming Epistle Readers:** (1/15) Aleca Hortman, Panos Drakopoulos; (1/22) George Saratsiotis, Robert Ice

**Upcoming Ushers:** (1/15) Cheryl and Erick Schwartzkopf; (1/22) Charles Glotzbach, David Zoumberis

**Upcoming Video Operators:** (1/15) Gray, David N.; (1/22) Gray, David N.; (1/29) Cristina Lekas

**Upcoming Fellowship Hosts:** (1/15) Despina Passias; (1/22) Demetri and Hannah K.; (1/29) Cristina Lekas

### Our Parish Hymn of the Holy Cross of Christ:

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

**To our Visitors and Guests:** We extend a **warm welcome** to all worshiping with us today! While Holy Communion, following ancient practice, is reserved for Orthodox Christians, non-Orthodox may receive the blessed bread (antidoron) offered at the conclusion of the service.

**Please join us in the Parish House after the Divine Liturgy for Coffee Fellowship!**

## Epistle Reading

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.

Στίχ. Ἀγαλλιᾶσθε, δίκαιοι, ἐν Κυρίῳ.

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Πρὸς Ἐφεσίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα.

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Ἀδελφοί, ἐνὶ ἐκάστῳ ἡμῶν ἐδόθη ἡ χάρις κατὰ τὸ μέτρον τῆς δωρεᾶς τοῦ Χριστοῦ. Διὸ λέγει, Ἀναβάς εἰς ὕψος ἠχμαλώτευσεν αἰχμαλωσίαν, καὶ ἔδωκεν δόματα τοῖς ἀνθρώποις. Τὸ δέ, Ἀνέβη, τί ἐστὶν εἰ μὴ ὅτι καὶ κατέβη πρῶτον εἰς τὰ κατώτερα μέρη τῆς γῆς; Ὁ καταβάς, αὐτός ἐστιν καὶ ὁ ἀναβάς ὑπεράνω πάντων τῶν οὐρανῶν, ἵνα πληρώσῃ τὰ πάντα. Καὶ αὐτὸς ἔδωκεν τοὺς μὲν ἀποστόλους, τοὺς δὲ προφήτας, τοὺς δὲ εὐαγγελιστάς, τοὺς δὲ ποιμένας καὶ διδασκάλους, πρὸς τὸν καταρτισμὸν τῶν ἁγίων, εἰς ἔργον διακονίας, εἰς οἰκοδομὴν τοῦ σώματος τοῦ Χριστοῦ· μέχρι καταντήσωμεν οἱ πάντες εἰς τὴν ἐνότητα τῆς πίστεως καὶ τῆς ἐπιγνώσεως τοῦ υἱοῦ τοῦ θεοῦ, εἰς ἄνδρα τέλειον, εἰς μέτρον ἡλικίας τοῦ πληρώματος τοῦ Χριστοῦ.

Let Your mercy, O Lord, be upon us.

Verse: Rejoice greatly in the Lord, O righteous ones. (Ps. 32)

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The reading is from Paul's Letter to the Ephesians. (4:7-13)

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Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

## The Holy Gospel Reading according to St. Matthew (4:12-17)

### Sunday after Epiphany

Τῷ καιρῷ ἐκείνῳ, ἀκούσας δὲ ὁ Ἰησοῦς ὅτι Ἰωάννης παρεδόθη, ἀνεχώρησεν εἰς τὴν Γαλιλαίαν, καὶ καταλιπὼν τὴν Ναζαρέτ ἐλθὼν κατώκησεν εἰς Καπερναοὺμ τὴν παραθαλασσίαν ἐν ὀρίοις Ζαβουλῶν καὶ Νεφθαλείμ, ἵνα πληρωθῇ τὸ ῥηθὲν διὰ Ἡσαΐου τοῦ προφήτου λέγοντος· γῆ Ζαβουλῶν καὶ γῆ Νεφθαλείμ, ὁδὸν θαλάσσης, πέραν τοῦ Ἰορδάνου, Γαλιλαία τῶν ἐθνῶν, ὁ λαὸς ὁ καθήμενος ἐν σκότειϊ εἶδε φῶς μέγα, καὶ τοῖς καθημένοις ἐν χώρα καὶ σκιᾷ θανάτου φῶς ἀνέτειλεν αὐτοῖς. Ἀπὸ τότε ἤρξατο ὁ Ἰησοῦς κηρῦσσειν καὶ λέγειν· μετανοεῖτε· ἤγγικε γὰρ ἡ βασιλεία τῶν οὐρανῶν.

At that time, Jesus heard that John had been arrested, He withdrew into Galilee; and leaving Nazareth He went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

# HOLY CROSS

## GREEK ORTHODOX CHURCH

Rev. Fr. Theodore Ehmer

Προϊστάμενος/Presiding Priest

E-mail: frtheodore@holycrossga.org

Cell: 770.256.0290

Office Days: Tuesday through Friday: call or email Fr. for appointment

Holy Confession: call or email Fr. to schedule

### Bulletin for the week of January 8, 2023

Ushers on Duty: Cristina and Jim Lekas

Video: Natalia S. Altar Servers: All Adult/Youth Servers

Epistle Readers: Pete Tsamolias (Greek), Erick Schwartzkopf (English)

Fellowship Host (Thank You!): Natalia Saratsiotis



### Today our Holy Orthodox Church commemorates:

+ After-feast of Theophany (Epiphany)

The after-feast of Theophany (which was celebrated on January 6) lasts until January 14.

+ Our Devout Mother Domnica of Constantinople (+474)

Saint Domnica was from Carthage. During the reign of the Emperor Theodosius the Great, she came with four other virgins to Constantinople, where she was baptized by Nectarius, the Patriarch of Constantinople. She remained in Constantinople and became known for her extreme asceticism, the miracles that she worked, and the grace of prophecy that adorned her. She lived until the days of the Emperors Leo and Zeno, reposing in peace about the year 474.

+ Our Devout Father George of Hozeva (+7<sup>th</sup> c.)

+ The Holy Martyrs Julian, Basilissa, Celsius, and Anthony (+283-305)

+ The Holy Hieromartyr Karterios of Caesarea (+304)

+ Our Father among the Saints, Cyril, Archbishop of Constantinople (+714)

+ Our Father among the Saints, Attikos, Patriarch of Constantinople (+425)

+ The Holy Prophet Samea the Elamite (+10<sup>th</sup> c. BC)

+ Our Devout Father Agathon (+5<sup>th</sup> c.)

+ The Holy Martyrs Theophilos the Deacon and Eladios the Layman of Libya (+4<sup>th</sup> c.)

By the intercessions of Your Saints, O God, have mercy on us and save us. Amen.

### Variable Hymns of the Day in the Divine Liturgy of St. John Chrysostom (page 8 in the Pew Book):

- Hymn of Theophany (Ev Ιορδάνη, 1<sup>st</sup> Mode):

As You were baptized in the Jordan, O Lord, then the worship of the Trinity became manifest, for the voice of the Father bore witness to You, naming You the Beloved Son; and the Spirit, in the form of a dove, confirmed the certainty of the word. O Christ God, who appeared and illumined the world, glory to You. (sung before the Small Entrance and after the Resurrectional Hymn)

- Weekly Resurrectional Hymn (Τον συνάναρχον Λόγον, Plagal 1<sup>st</sup> Mode):

Let us worship the Word who is unoriginate \* with the Father and the Spirit, and from a Virgin was born \* for our salvation, O believers, and let us sing His praise. \* For in His goodness He was pleased \* to ascend the Cross in the flesh, and to undergo death, \* and to raise up those who had died, \* by His glorious Resurrection. (sung after the Small Entrance)

- Hymn of the Holy Cross (Σώσον Κύριε, 1<sup>st</sup> Mode):

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross. (Greek+English)

- The Kontakion of Theophany (Επεφάνης σήμερον, 4<sup>th</sup> Mode):

You appeared today to us \* on earth, O Master, \* and Your light was signed on us \* who cry aloud to You and say \* with understanding, O Christ our God: You came and shone forth, O Light unapproachable.

## Guidance, Prayer Requests, and Announcements

### This Week's Daily Scripture Readings and Fasting Guidance:

**Sunday (1/8—No Fasting):** John 20:11-18; Ephesians 4:7-13; Matthew 4:12-17

**Monday (1/9—No Fasting):** II Timothy 2:1-10; Mark 1:9-15

**Tuesday (1/10—No Fasting):** Ephesians 4:7-13; Luke 3:19-22

**Wednesday (1/11—Wine+Oil):** Luke 6:17-23; Hebrews 13:7-16; Luke 4:1-15

**Thursday (1/12—No Fasting):** Acts 18:22-28; John 10:39-42

**Friday (1/13—Strict Fast):** Galatians 3:23-29, 4:1-5; Luke 20:1-8

**Saturday (1/14—No Fasting):** Ephesians 6:10-17; Matthew 4:1-11

### Prayer Requests:

Metropolitan Alexios, Fr. Symeon (mission priest supported by our parish), Panteleimon, Michael, Eve, Kassiani, Michael, Dimitrios, Georgia, Pavlos, Jill, Betty, David, Irene, Valerie, Marina, Alexi, Chris, Dianna, Keith, Jeannie, Dawn, Kenneth, Samuel, Emmanuel, Mary, Adrienne, Kay, Helen, Nikki

### Prayers for those recently reposed:

Janice (+December 12), Cynthia (+December 25), Sharon (+December 28)

### Prayers for expecting mothers:

### Prayers for Military Personnel and Their Families:

Aubriana Butchko, Kyle Glotzbach, Robert Ice, Aaron Vrahiotes, Aleksander Zajac

### Prayers for our Catechumens and Inquirers into the Orthodox Church:

Nate, Chad, Charlotte, Alexander, and pray for those who are seeking Christ and His Church!

### Weekly Wisdom of the Fathers:

**St. Nikodemos of the Holy Mountain (+1749)** on our own Holy Baptism: *"The grace of the Holy Spirit which is given mystically to every Christian when he is baptized acts and is manifested in proportion to our obedience to the commandments of the Lord. That is, if a Christian obeys the commandments of the Lord more, grace acts with him more, while if he obeys them less, grace acts within him less. Just as a spark, when covered in the ashes of fire becomes increasingly manifest as one removes the ashes, and the more fire wood you put the more the fire burns, so the grace that*

has been given to every Christian through Holy Baptism is hidden in the heart and covered up by the passions and sins, and the more a man acts in accordance with the commandments of Christ, the more he is cleansed of the passions and the more the fire of Divine grace lights in his heart, illumines and deifies him."

### Upcoming Celebrations This Week

Name Days—Chronia Polla, Many Years!  
None in the records

Birthdays—Happy Birthday  
January 8: Holly Economopoulos

Anniversaries—Congratulations!  
None in the records

(If you have a celebration that did not make it into the bulletin, please e-mail Fr. Theodore!)

### Announcements:

\* **Shut-Ins:** If you know of anyone who is unable to come to the Church because of illness, age, or any other reason, please contact Fr. Theodore so that he can visit with them, pray with them, and administer to them the Holy Mysteries.

\* Philoptochos will be passing a second tray to support the **St. Basil Academy** at the end of the Liturgy today.

\* The Feast of **Theophany** has been celebrated along with the Great Blessing of the Waters. As is our ancient Orthodox Christian tradition, Fr. Theodore will be celebrating House Blessings with the Holy Water from the feast. An email has been sent with sign-up information. You can also contact Presvytera Stacey at 770-827-7145 for assistance in signing up.

\* The **Not So Young Adult** group will have a get together this coming week on Thursday, January 12 at 7:00pm: Trivia at Society Garden in Macon.

\* The 2023 **Parish Council** will be "sworn in" at the end of the Liturgy today. Concluding their terms are Alex Saratsiotis and David Zoumberis. Continuing their terms are Sarah Drakopoulos, Charles Glotzbach, Maria McCluskey, and Gray Yates. Beginning a new term while continuing on the Council is Natalia Saratsiotis. Joining the Parish Council for the first time are John Apostolou and Melanie Moyer. We thank those are concluding their terms on the Council and their faithful service to our Church family! We also thank those who continue and begin new terms on the Council and their faithful service to our Church family!

As a reminder, please allow the Sunday School teachers and students to precede first for Holy Communion. Thank you!