



# HOLY CROSS

## GREEK ORTHODOX CHURCH

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[www.holycrossga.org](http://www.holycrossga.org) | Facebook: HolyCrossMaconGA

### Sunday, January 29, 2023

17<sup>th</sup> Sunday of Luke (Sunday of Canaanite)

+ Translation of the Relics of St. Ignatius

Eothinon/Orthros Gospel: Eleventh (John 21:14-25)

Mode of the Week: Plagal Fourth/Πλ. του Τετάρτου

QR Codes (scan with smart phone for service texts)

Orthros



Divine Liturgy



### Upcoming Schedule

<i>Today, January 29</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of the Canaanite Sunday School for the Youth after Holy Communion Coffee Fellowship in the Parish House after the Liturgy
<i>Monday, January 30</i>	9:30am Orthros 10:30am Divine Liturgy on the Feast of the Three Hierarchs
<i>Wednesday, February 1</i>	5:30pm Great Vespers for the Meeting of the Lord in the Temple 6:30pm Adult Study Class in the Parish House
<i>Thursday, February 2</i>	9:30am Orthros 10:30am Divine Liturgy for the Feast of the Meeting of the Lord in the Temple
<i>Sunday, February 5</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of the Publican and the Pharisee (beginning of the Tridion) Sunday School for the Youth after Holy Communion One Year Memorial for Sam "Chuck" Ray at the end of the Divine Liturgy Coffee Fellowship in the Parish House after the Liturgy
<i>Tuesday, February 7</i>	7:00pm Parish Council Meeting
<i>Wed/Thu, February 8-9</i>	Fr. Theodore at Clergy Meetings at the Diakonia Center
<i>Friday, February 10</i>	9:30am Orthros 10:30am Divine Liturgy on the Feast Day of St. Haralambos 12:00pm Book Study
<i>Sunday, February 12</i>	9:15am Orthros 10:30am Divine Liturgy on the Sunday of the Prodigal Son Sunday School for the Youth after Holy Communion Coffee Fellowship in the Parish House after the Liturgy 12:30pm GOYA Meeting
<i>Wednesday, February 15</i>	5:30pm Small Paraklesis 6:30pm Adult Study Class in the Parish House
<i>Thursday, February 16</i>	5:00pm Vespers 6:00pm Divine Liturgy for St. Theodore the Recruit
<i>Saturday, February 18</i>	9:30am Orthros 10:30am Divine Liturgy and Memorial Service (Saturday of the Souls)

**Upcoming Epistle Readers:** (2/5) Aleca Hortman, Angelika Passias; (2/12) Pete Tsamolias, Nadia Cazacu  
**Upcoming Ushers:** (2/5) Cheryl and Erick Schwartzkopf, Bill and Kiki Vasilopoulos; (2/12) Sarah D., Joanna P.  
**Upcoming Video Operators:** (1/30) Cristina Lekas; (2/1) Natalia Saratsiotis; (2/2) Cristina L.; (2/5) David Z.  
**Upcoming Fellowship Hosts:** (2/5) Denna Bradford; (2/12) Maria McCluskey; (2/19) Toula Tsamolias

### Our Parish Hymn of the Holy Cross of Christ:

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

**To our Visitors and Guests:** We extend a **warm welcome** to all worshiping with us today! While Holy Communion, following ancient practice, is reserved for Orthodox Christians, non-Orthodox may receive the blessed bread (antidoron) offered at the conclusion of the service.

**Please join us in the Parish House after the Divine Liturgy for Coffee Fellowship!**

## Epistle Reading

*Εὐξασθε καὶ ἀπόδοτε Κυρίῳ τῷ  
Θεῷ ἡμῶν.*

*Στίχ. Γνωστὸς ἐν τῇ Ἰουδαίᾳ ὁ  
Θεός, ἐν τῷ Ἰσραὴλ μέγα τὸ  
ὄνομα αὐτοῦ.*

+++

*Πρὸς Κορινθίους Β' Ἐπιστολῆς  
Παύλου τὸ ἀνάγνωσμα.*

+++

Ἀδελφοί, ὑμεῖς ἐστε ναὸς  
Θεοῦ ζῶντος, καθὼς εἶπεν ὁ  
Θεὸς ὅτι ἐνοικήσω ἐν αὐτοῖς  
καὶ ἐμπεριπατήσω, καὶ ἔσομαι  
αὐτῶν Θεός, καὶ αὐτοὶ ἔσονται  
μοι λαός. Διὸ ἐξέλθετε ἐκ  
μέσου αὐτῶν καὶ ἀφορίσθητε,  
λέγει Κύριος, καὶ ἀκαθάρτου  
μὴ ἄπτεσθε, κἀγὼ εἰσδέξομαι  
ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς  
πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι  
εἰς υἱοὺς καὶ θυγατέρας, λέγει  
Κύριος παντοκράτωρ. Ταύτας  
οὖν ἔχοντες τὰς ἐπαγγελίας,  
ἀγαπητοί, καθαρίσωμεν  
ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ  
σαρκὸς καὶ πνεύματος,  
ἐπιτελοῦντες ἀγιωσύνην ἐν  
φόβῳ Θεοῦ.

*Pray and return to the Lord  
Your God.*

*Verse: In Judah God is  
known; His name is great in  
Israel. (Ps. 75)*

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*The reading is from Paul's  
Second Letter to the  
Corinthians. (6:16-18, 7:1)*

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Brethren, you are the temple  
of the living God; as God said,  
"I will live in them and move  
among them, and I will be  
their God, and they shall be  
my people. Therefore come  
out from them, and be  
separate from them, says the  
Lord, and touch nothing  
unclean; then I will welcome  
you, and I will be a father to  
you, and you shall be my sons  
and daughters, says the Lord  
Almighty." Since we have  
these promises, beloved, let  
us cleanse ourselves from  
every defilement of body and  
spirit, and make holiness  
perfect in the fear of God.

## The Holy Gospel Reading according to St. Matthew (15:21-28)

### Sunday of the Canaanite

Τῷ καιρῷ ἐκείνῳ ἐξῆλθεν ὁ  
Ἰησοῦς εἰς τὰ μέρη Τύρου καὶ  
Σιδῶνος. καὶ ἰδοὺ γυνὴ Χαναναία  
ἀπὸ τῶν ὀρίων ἐκείνων  
ἐξεληλυθῆσα ἐκραύγασεν αὐτῷ  
λέγουσα· Ἐλέησόν με, Κύριε, υἱὲ  
Δαυὶδ· ἡ θυγάτηρ μου κακῶς  
δαιμονίζεται. ὁ δὲ οὐκ ἀπεκρίθη  
αὐτῇ λόγον. καὶ προσελθόντες οἱ  
μαθηταὶ αὐτοῦ ἠρώτουν αὐτὸν  
λέγοντες· Απόλυσον αὐτήν, ὅτι  
κράζει ὀπισθεν ἡμῶν. ὁ δὲ  
ἀποκριθεὶς εἶπεν· Οὐκ  
ἀπεστάλην εἰ μὴ εἰς τὰ πρόβατα  
τὰ ἀπολωλότα οἴκου Ἰσραὴλ. ἡ  
δὲ ἐλθοῦσα προσεκύνησεν αὐτῷ  
λέγουσα· Κύριε, βοήθει μοι. ὁ δὲ  
ἀποκριθεὶς εἶπεν· Οὐκ ἔστι  
καλὸν λαβεῖν τὸν ἄρτον τῶν  
τέκνων καὶ βαλεῖν τοῖς  
κυναρίοις. ἡ δὲ εἶπε· Ναί, Κύριε,  
καὶ γὰρ τὰ κυνάρια ἐσθίει ἀπὸ  
τῶν ψιγίων τῶν πιπτόντων ἀπὸ  
τῆς τραπέζης τῶν κυρίων αὐτῶν.  
τότε ἀποκριθεὶς ὁ Ἰησοῦς εἶπεν  
αὐτῇ· ὦ γύναι, μεγάλη σου ἡ  
πίστις! γενηθήτω σοι ὡς θέλεις.  
καὶ ἰάθη ἡ θυγάτηρ αὐτῆς ἀπὸ  
τῆς ὥρας ἐκείνης.

At that time, Jesus went to  
the district of Tyre and Sidon.  
And behold, a Canaanite  
woman from that region came  
out and cried, "Have mercy  
on me, O Lord, Son of David;  
my daughter is severely  
possessed by a demon." But  
he did not answer her a word.  
And his disciples came and  
begged him, saying, "Send her  
away, for she is crying after  
us." He answered, "I was sent  
only to the lost sheep of the  
house of Israel." But she came  
and knelt before him, saying,  
"Lord, help me." And he  
answered, "It is not fair to  
take the children's bread and  
throw it to the dogs." She  
said, "Yes, Lord, yet even the  
dogs eat the crumbs that fall  
from their master's table."  
Then Jesus answered her, "O  
woman, great is your faith! Be  
it done for you as you desire."  
And her daughter was healed  
instantly.

# HOLY CROSS

## GREEK ORTHODOX CHURCH

Rev. Fr. Theodore Ehmer

Προϊστάμενος/Presiding Priest

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Office Days: Tuesday through Friday: call or email Fr. for appointment

Holy Confession: call or email Fr. to schedule

### Bulletin for the week of January 29, 2023

Ushers on Duty: Charles Glotzbach, Jim Lekas

Video: Cristina L.

Altar Servers: All Adult/Youth Servers

Epistle Readers: Pete Tsamolias (Greek), Richard Stewart (English)

Fellowship Host (Thank You!): Cristina Lekas



### Today our Holy Orthodox Church commemorates:

+ Translation of the Relics of St. Ignatius the God-Bearer (+107, translation of relics 5<sup>th</sup> century)

*Saint Ignatius was a disciple of Saint John the Theologian, and a successor of the Apostles, and he became the second Bishop of Antioch, after Evodus. He wrote many epistles to the faithful, strengthening them in their confession, and preserving for us the teachings of the holy Apostles. Brought to Rome under Trajan, he was surrendered to lions to be eaten, and so finished the course of martyrdom about the year 107. The remnants of his bones were carefully gathered by the faithful and brought to Antioch. He is called God-bearer, as one who bare God within himself and was aflame in heart with love for Him. Therefore, in his Epistle to the Romans (ch. 4), imploring their love not to attempt to deliver him from his longed-for martyrdom, he said, "I am the wheat of God, and am ground by the teeth of the wild beasts, that I may be found to be the pure bread of God." Saint John Chrysostom has a homily in honor of the translation of the Saint's relics (PG 50:587).*

+ The Holy Seven Martyrs of Samosata: Philotheos, Hyperechios, Habib, Julian, Roman, Iakovos, and Parigorios (+297)

+ The Holy Martyr Siluoan the Bishop, Luke the Deacon, and Mokios the Reader (+312)

+ The Holy Martyrs Sarvilos and his sister Bebaia in Edessa (+110)

+ The Holy Hieromartyr Barsimaeus, Bishop of Edessa (+114)

+ Our Devout Father Aphrahat the Persian (+370)

+ The Holy New Martyr Demetrios of Chios (+1802)

*By the intercessions of Your Saints, O God, have mercy on us and save us. Amen.*

### Variable Hymns of the Day in the Divine Liturgy of St. John Chrysostom (page 8 in the Pew Book):

- *Weekly Resurrectional Hymn (Εξ ύψους κατήλθες, Plagal 4<sup>th</sup> Mode):*

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You. *(sung before and after the Small Entrance)*

- *Hymn of St. Ignatius (Και τρόπων μέτοχος, 4<sup>th</sup> Mode):*

Becoming a partner with the Apostles in way of life and successor to their thrones, O God-inspired Saint, in the active life you found an entrance to contemplation. Hence you rightly expounded the word of truth, and you shed your blood in struggling for the faith, O Hieromartyr Ignatius. Intercede with Christ our God, beseeching Him to save our souls. *(sung after the Hymn of the Resurrection)*

- *Hymn of the Holy Cross (Σώσον Κύριε, 1<sup>st</sup> Mode):*

Save, O Lord, save your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross. *(sung in Greek and English)*

- *The Kontakion of the Presentation of Christ (Ο μήτραν παρθενικήν, 1<sup>st</sup> Mode):*

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity.

## Guidance, Prayer Requests, and Announcements

### This Week's Daily Scripture Readings and Fasting Guidance:

**Sunday (1/29—No Fasting):** John 21:14-25; II Corinthians 6:16-18, 7:1; Matthew 15:21-28

**Monday (1/30—Three Hierarchs—No Fasting):** John 10:9-16; Hebrews 13:7-16; Matthew 5:14-19

**Tuesday (1/31—No Fasting):** I Corinthians 12:27-31, 13:1-8; Matthew 10:1, 5-8

**Wednesday (2/1—Strict Fast):** Romans 8:28-39; Luke 10:19-21

**Thursday (2/2—Meeting of the Lord—No Fasting):** Luke 2:25-32; Hebrews 7:7-17; Luke 2:22-40

**Friday (2/3—Strict Fast):** Hebrews 9:11-14; Luke 2:25-38

**Saturday (2/4—No Fasting):** II Timothy 2:11-19; Luke 18:2-8

### Prayer Requests:

Metropolitan Alexios, Fr. Symeon (mission priest supported by our parish), Fr. Angelo, Panteleimon, Michael, Eve, Kassiani, Michael, Dimitrios, Georgia, Pavlos, Pete, Jill, Betty, David, Chris, Irene, Valerie, Marina, Alexi, Chris, Dianna, Keith, Jeannie, Dawn, Kenneth, Samuel, Emmanuel, Mary, Adrienne, Kay, Helen, Nikki

### Prayers for those recently reposed:

Cynthia (+December 25), Sharon (+December 28), Louis (+January 16), Kay (+January 23)

### Prayers for expecting mothers:

### Prayers for Military Personnel and Their Families:

Aubriana Butchko, Kyle Glotzbach, Robert Ice, Aaron Vrahiotes, Aleksander Zajac

### Prayers for our Catechumens and Inquirers into the Orthodox Church:

Nate, Chad, Charlotte, Alexander, and pray for those who are seeking Christ and His Church!

### Weekly Wisdom of the Fathers:

**St. Ignatius of Antioch (+107, celebrated today)** on the danger of following schismatics (those who separate themselves from the One, Holy, Catholic, and Apostolic Church, which was set forth by our Lord Jesus Christ): "Do not err, my brethren: if anyone follow a schismatic, he will not inherit the Kingdom of God. If any man walk about with strange doctrine, he cannot lie down with the passion. Take care, then, to use one Eucharist, so that whatever you do, you do according to God: for there is one Flesh of our Lord Jesus Christ, and one cup in the union of His Blood; one altar, as there is one bishop with the presbytery and my fellow servants, the deacons."

### Upcoming Celebrations This Week

*Name Days—Chronia Polla, Many Years!*  
None in the records

*Birthdays—Happy Birthday!*

January 31: Ben George Davis

February 3: Sean Morris

February 4: Harry Zaloumes

*Anniversaries—Congratulations!*

None in the records

*(If you have a celebration that did not make it into the bulletin, please e-mail Fr. Theodore!)*

### Announcements:

\* **Shut-Ins:** If you know of anyone who is unable to come to the Church because of illness, age, or any other reason, please contact Fr. Theodore so that he can visit with them, pray with them, and administer to them the Holy Mysteries.

\* The Feast of **Theophany** has been celebrated along with the Great Blessing of the Waters. As is our ancient Orthodox Christian tradition, Fr. Theodore is continuing to celebrate House Blessings with the Holy Water from the feast. At this point, if you are interested in having a house blessing, please contact Presvytera Stacey (770-827-7145) to arrange a date and time.

\* **Philoptochos News:** Interested in becoming a member of Philoptochos? Stewardship forms have been emailed out to all parishioners and are now being collected for the year 2023. Please complete the stewardship form and turn it in along with your money to Christina Danforth, Philoptochos Treasurer. Please make checks payable to Philoptochos or pay through Venmo: @HolyCross-Philoptochos.

\* **Blood Drive:** Thank you to those who were able to give blood earlier this month. Please mark your calendar for the next few drives: March 2nd, May 24th and July 19th. Not able to give blood but wish you could help? We are looking for volunteers to help out with the drive (meeting the American Red Cross to open the doors, setting up the main room, etc.), please contact Natalia.

\* **YOUTH:** Contact your godparents and godchildren: let them know Godparent Sunday is Feb. 5! Also, the date is set.. our parish level St. John Chrysostom Oratorical Festival is Sun. March 19th. Topic choices will be sent to all of our Youth this week!